



Dipolar chromium BECs, and magnetism



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Quantum gases

Density : 10^{12} à 10^{15} at/cm³ ($\leftrightarrow 10^{22}$ at/cm³ for liquid He)

Temperature : 1 nK à 1 μK

de Broglie wavelength > 100 nm

Interparticle distance ~ 100 nm

Van-der-Waals (contact) interactions

$$V(R) = -\frac{C_6}{R^6} \quad \longrightarrow \quad V(R) = \frac{4\pi\hbar^2}{m} a_s \delta(R)$$

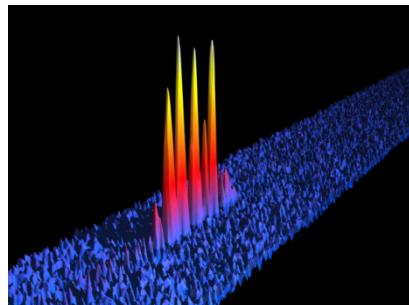
Short range
Isotropic

$a_s \sim 5$ nm - can be tuned via Feshbach resonances

Effect of interactions on condensates

Attractive interactions

Implosion of BEC for large atom number

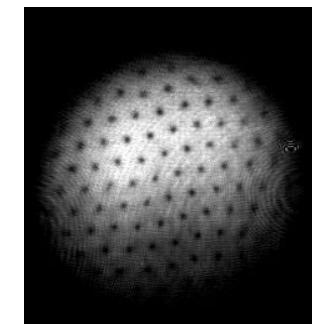


Small solitons

Rice...

Repulsive interactions

Stable condensate
Phonon spectrum



Superfluidity

ENS, JILA...

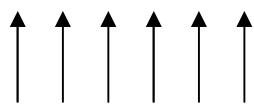
Spin dependent interactions



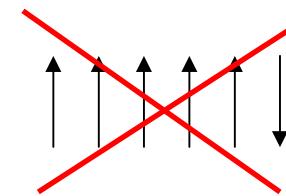
Berkeley...

Magnetism

Chromium : an artificially large spin ($S=3$):



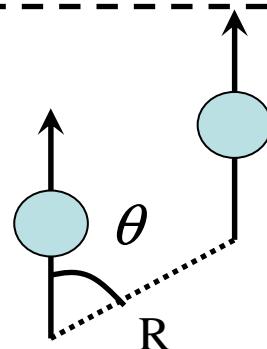
$$d = 6\mu_B$$



Dipole-dipole interactions

$$V_{dd} = \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 (1 - 3 \cos^2(\theta)) \frac{1}{R^3}$$

Long range
Anisotropic



Partially attractive,
partially repulsive

Interactions couple **spin** and
orbital degrees of freedom

Chromium (S=3): Van-der-Waals plus dipole-dipole interactions

<p>Van-der-Waals (contact) interactions</p> $V(R) = -\frac{C_6}{R^6} \quad \longrightarrow \quad V(R) = \frac{4\pi\hbar^2}{m} a_s \delta(R)$	Short range Isotropic
<p>Dipole-dipole interactions</p> $V_{dd} = \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 (1 - 3 \cos^2(\theta)) \frac{1}{R^3}$	
	Long range Anisotropic

Relative strength of dipole-dipole and Van-der-Waals interactions

$$\mathcal{E}_{dd} = \frac{\mu_0 \mu_m^2 m}{12\pi\hbar^2 a} \propto \frac{V_{dd}}{V_{VdW}}$$

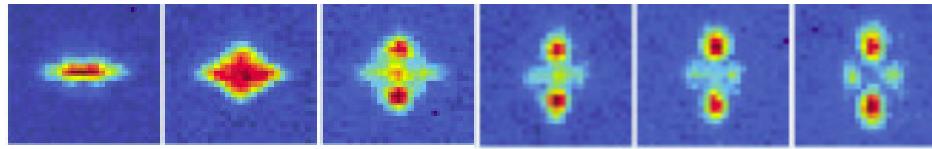
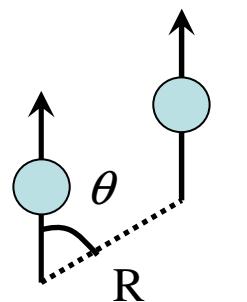
Cr: $\mathcal{E}_{dd} = 0.16$

Relative strength of dipole-dipole and Van-der-Waals interactions

$\epsilon_{dd} > 1$ Spherical BEC collapses

$$\epsilon_{dd} = \frac{\mu_0 \mu_m^2 m}{12\pi \hbar^2 a} \propto \frac{V_{dd}}{V_{VdW}}$$

Stuttgart: Tune contact interactions using Feshbach resonances (Nature. [448](#), 672 (2007))



Anisotropic explosion pattern reveals dipolar coupling.

Stuttgart: d-wave collapse, PRL [101](#), 080401 (2008)

See also Er PRL, [108](#), 210401 (2012)

See also Dy, PRL, [107](#), 190401 (2012)

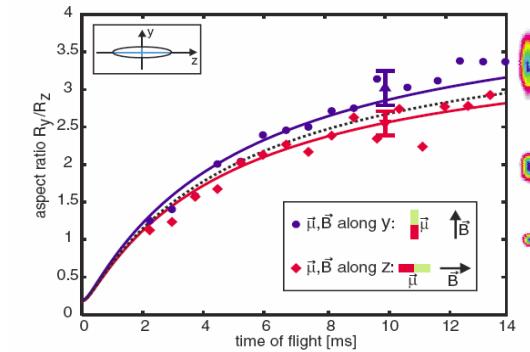
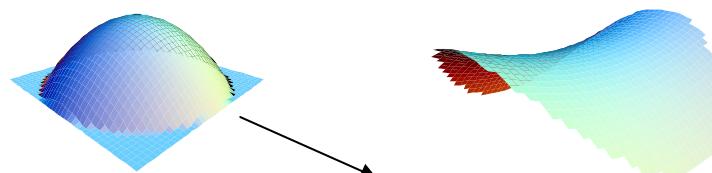
... and Dy Fermi sea PRL, [108](#), 215301 (2012) ... and heteronuclear molecules...

$\epsilon_{dd} < 1$ BEC stable despite attractive part of dipole-dipole interactions

Cr: $\epsilon_{dd} = 0.16$

Hydrodynamic properties of a BEC with weak dipole-dipole interactions

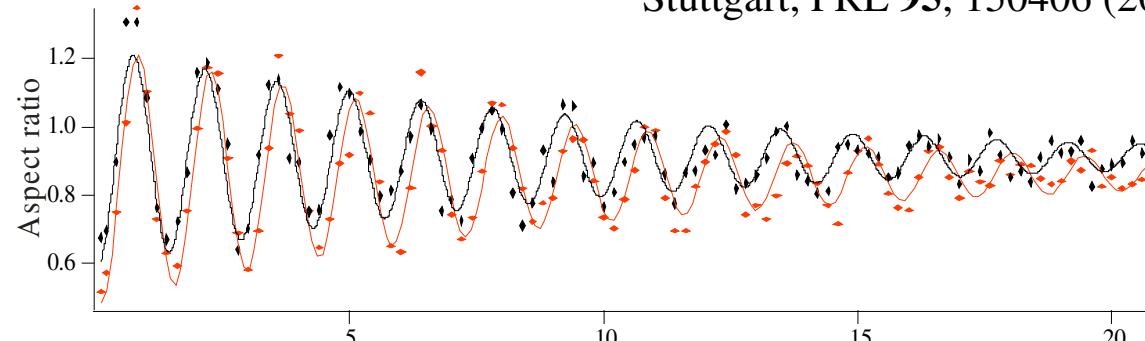
Striction



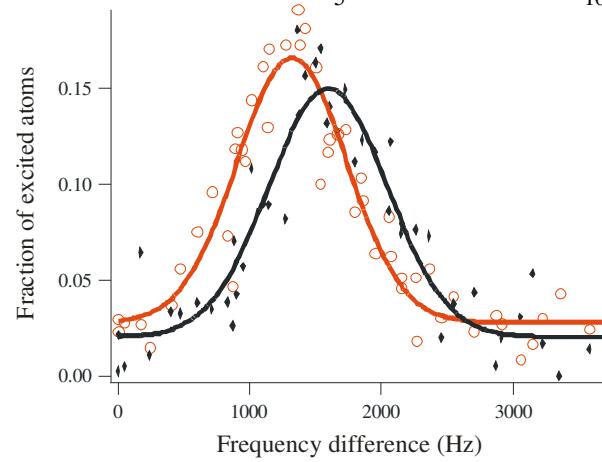
Stuttgart, PRL **95**, 150406 (2005)

Collective excitations

Villetaneuse,
PRL **105**, 040404 (2010)



Anisotropic speed of sound



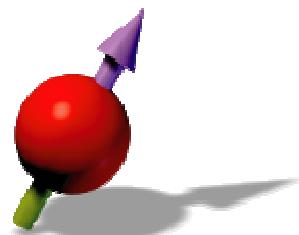
Bragg spectroscopy
Villetaneuse
PRL **109**, 155302 (2012)

Interesting but weak effects in a scalar Cr BEC

Different dipolar systems

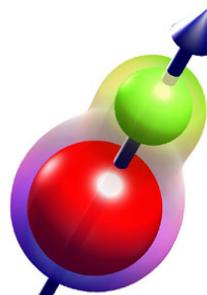
« Magnetic atom »

$$d \approx \mu_B$$



Hetero-nuclear molecule with (field induced-) electric dipole moment

$$d \approx ea_0$$



Rydberg atoms

$$d = n^2 ea_0$$

Dipole-dipole interactions

$$\times \frac{1}{\alpha^2} = 137^2$$

$$\times n^4 = 10^8$$

Polarized (« scalar ») BEC

Hydrodynamics

Collective excitations, sound, superfluidity

Multicomponent (« spinor ») BEC

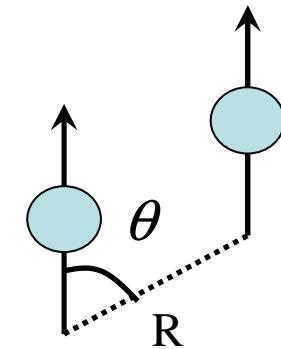
Magnetism

Phases, spin textures...

Chromium (S=3): involve dipole-dipole interactions

$$V_{dd} = \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 (1 - 3\cos^2(\theta)) \frac{1}{R^3}$$

Long-ranged
Anisotropic



Hydrodynamics:
non-local mean-field

Magnetism:
Atoms *are* magnets

Key idea:

Study magnetism with large spins ($S=3, S=6\dots$)

This talk:

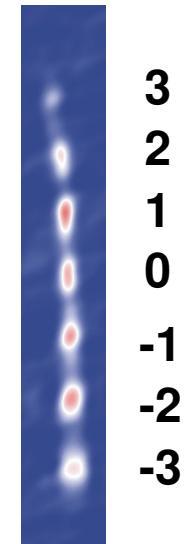
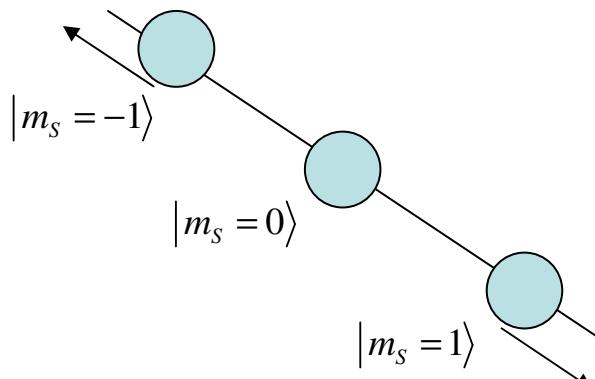
0 Introduction to spinor physics

1 Spinor physics of a Bose gas with free magnetization

2 (Quantum) magnetism in optical lattices

Detecting spin properties with cold atoms:

Stern-Gerlach separation:
(magnetic field gradient)



Spin-sensitive imaging:
(e.g. Faraday rotation)



See D. Stamper-Kurn,
Full 3D reconstruction of
spin vector

(we do not (yet) do this)

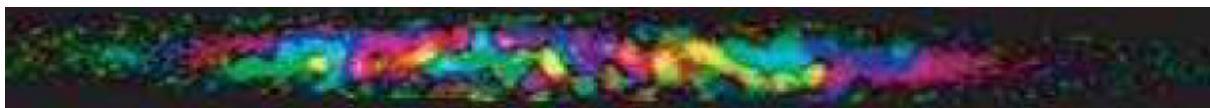
Introduction to spinor physics

Exchange energy
Coherent spin oscillation

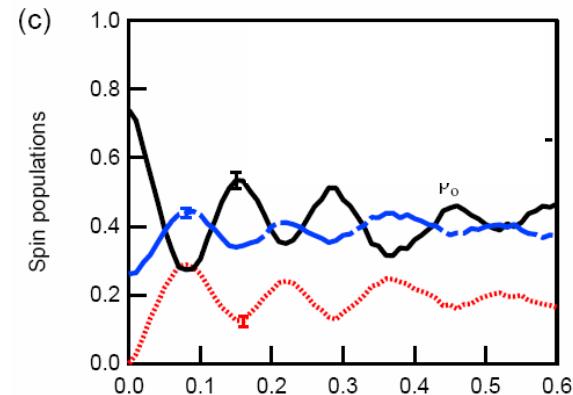
Quantum effects!

$$|0,0\rangle \leftrightarrow \frac{1}{\sqrt{2}}(|1,-1\rangle + | -1,1\rangle)$$

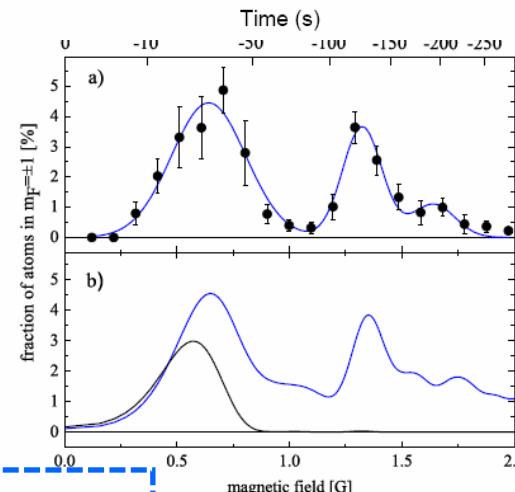
Domains, spin textures, spin waves, topological states



Quantum phase transitions

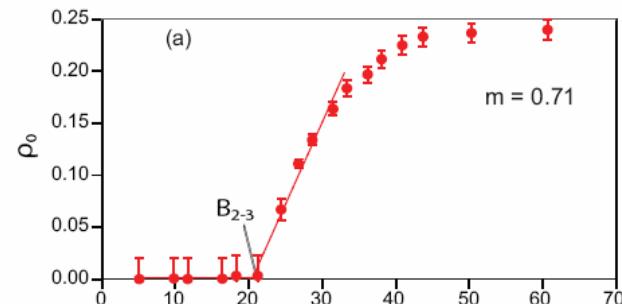


Chapman,
Sengstock...



Klempt
Stamper-
Kurn

Stamper-Kurn, Chapman,
Sengstock, Shin...



Stamper-
Kurn, Lett

Main ingredients for spinor physics

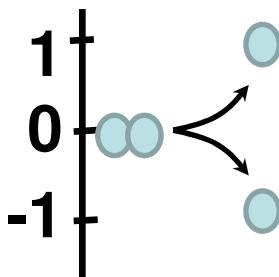
S=1,2,...

Spin-dependent contact interactions
Spin exchange

$$|m_s = 0, m_s = 0\rangle =$$

$$\sqrt{\frac{2}{3}}|S = 2, m_{tot} = 0\rangle - \sqrt{\frac{1}{3}}|S = 0, m_{tot} = 0\rangle$$

$$\boxed{\hbar\Gamma \propto \left(\frac{4\pi\hbar^2(a_2 - a_0)}{m} \right)}$$



Quadratic Zeeman effect

Main new features with Cr

S=3

7 Zeeman states
4 scattering lengths
New structures

Strong spin-dependent contact interactions

Purely linear Zeeman effect

Engineer artificial quadratic effect using tensor light shift

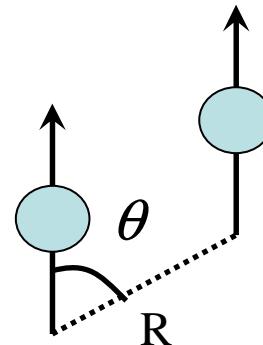
And

Dipole-dipole interactions

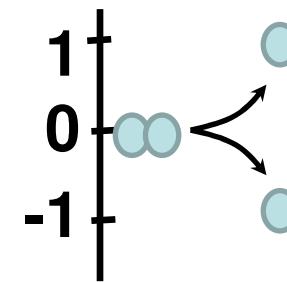
Dipolar interactions introduce magnetization-changing collisions

Dipole-dipole interactions

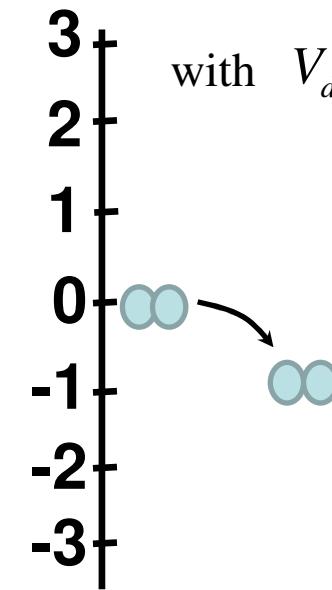
$$V_{dd} = \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 (1 - 3 \cos^2(\theta)) \frac{1}{R^3}$$



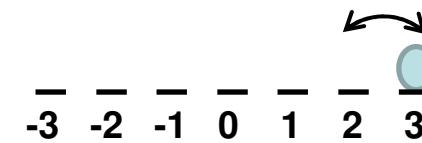
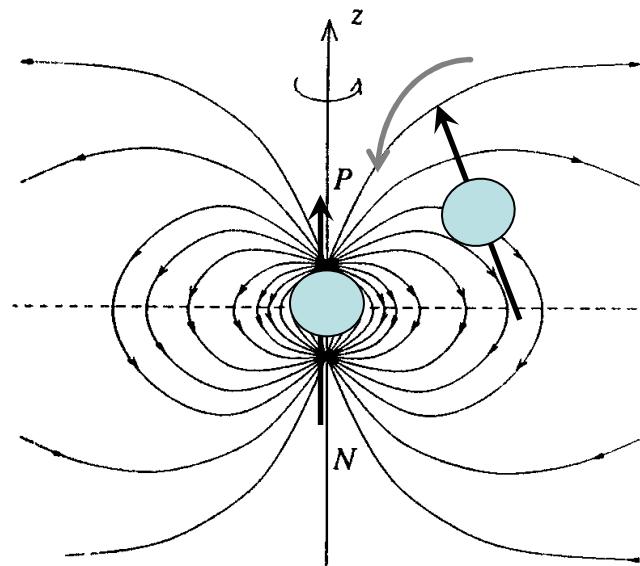
without V_{dd}



with V_{dd}

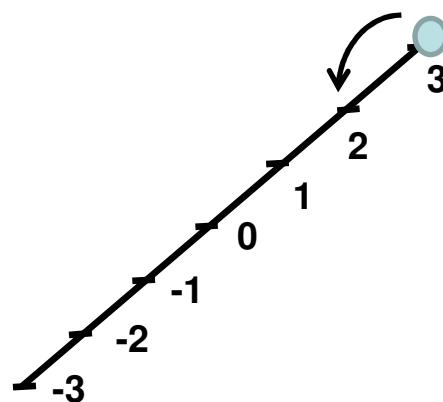


B=0: Rabi



$$\hbar\Gamma \approx V_{dd}$$

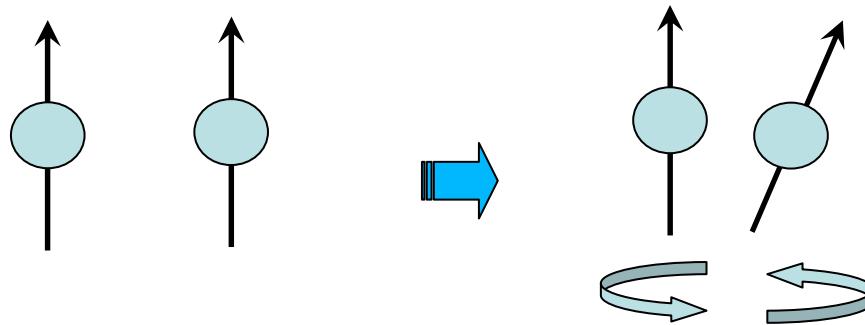
In a finite magnetic field: Fermi golden rule (losses)



$$\hbar\Gamma \approx |V_{dd}|^2 \rho(\epsilon_f = g\mu_B B)$$

(x1000 compared to alkalis)

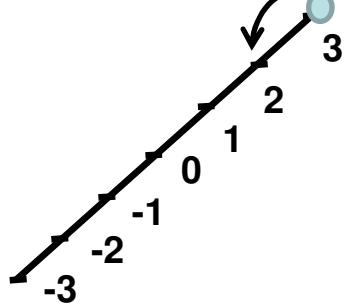
Dipolar relaxation, rotation, and magnetic field



Angular momentum
conservation

$$\Delta m_S + \Delta m_l = 0$$

$$|3,3\rangle \rightarrow \frac{1}{\sqrt{2}}(|3,2\rangle + |2,3\rangle)$$



$$\Delta \ell = 2$$

$$\Delta E = \Delta m_S g \mu_B B$$

Rotate the BEC ?
Spontaneous creation of vortices ?
Einstein-de-Haas effect

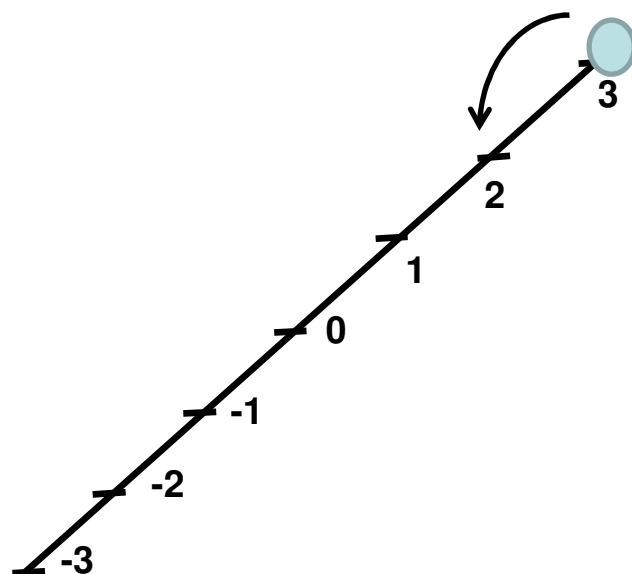
Important to control
magnetic field

Ueda, PRL **96**, 080405 (2006)

Santos PRL **96**, 190404 (2006)

Gajda, PRL **99**, 130401 (2007)

B. Sun and L. You, PRL **99**, 150402 (2007)



$B=1G$

→Particle leaves the trap

$B=10\text{ mG}$

→Energy gain matches band
excitation in a lattice

$B=.1\text{ mG}$

→Energy gain equals to
chemical potential in BEC

S=3 Spinor physics with free magnetization

Alkalies :

- S=1 and S=2 only
- Constant magnetization
(exchange interactions)
- Linear Zeeman effect irrelevant

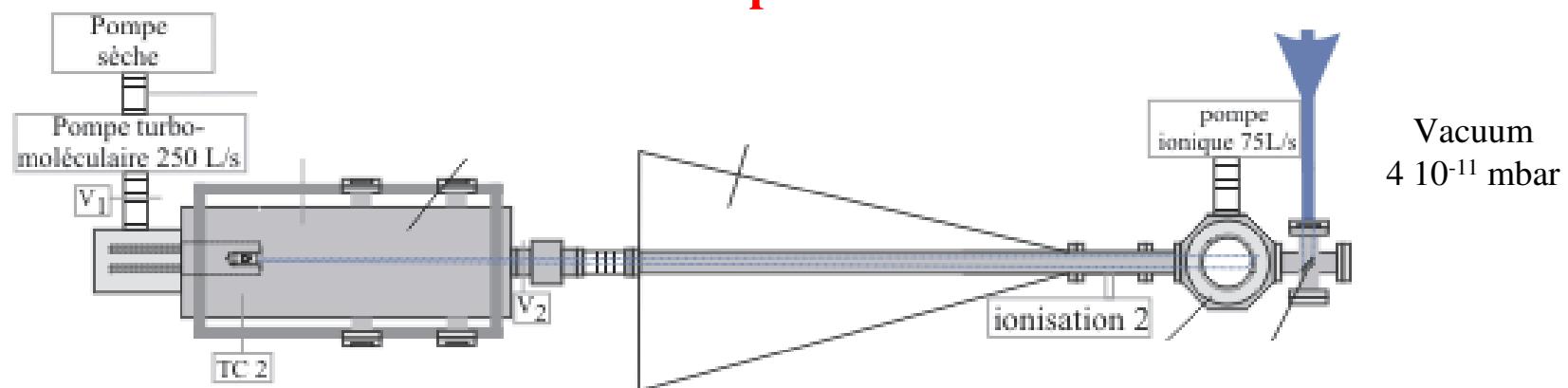
New features with Cr:

- S=3 spinor (7 Zeeman states, four scattering lengths, a_6, a_4, a_2, a_0)
- No hyperfine structure
 - Free magnetization
- Magnetic field matters !

1 Spinor physics of a Bose gas with free magnetization

2 (Quantum) magnetism in optical lattices

⁵²Cr BEC experiment

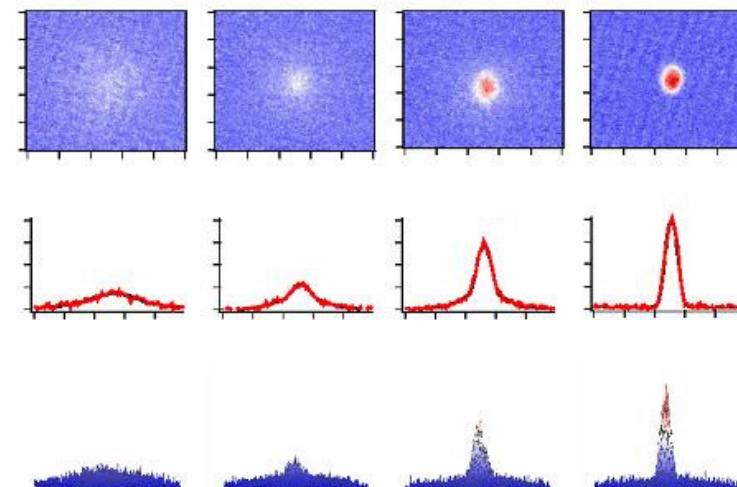


Oven at 1500 °C

Zeeman slower

MOT
100 μK
10⁶ atoms

Evaporative cooling
100 nK
10⁴ atoms



Oven at 1500 °C

Many lasers !

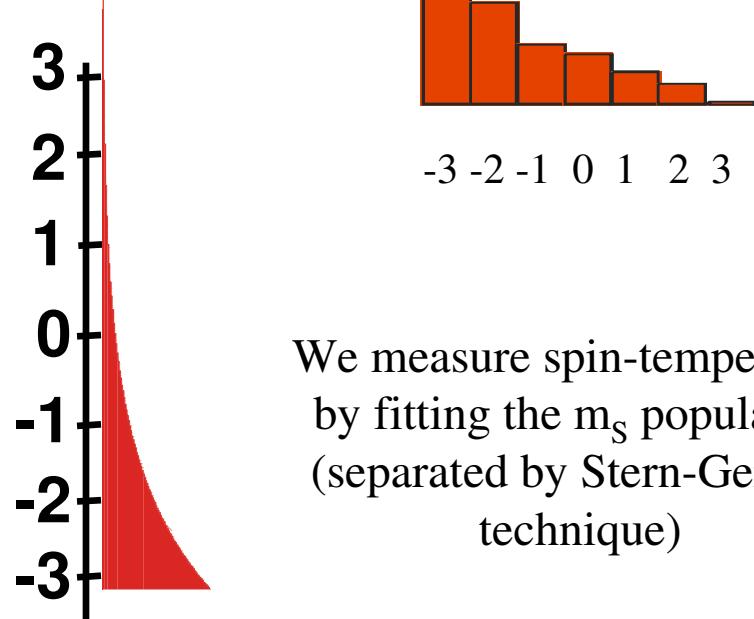
Magnetic field
control < 100 μG

Small condensates (10⁴ atoms)

Spin temperature equilibrates with mechanical degrees of freedom

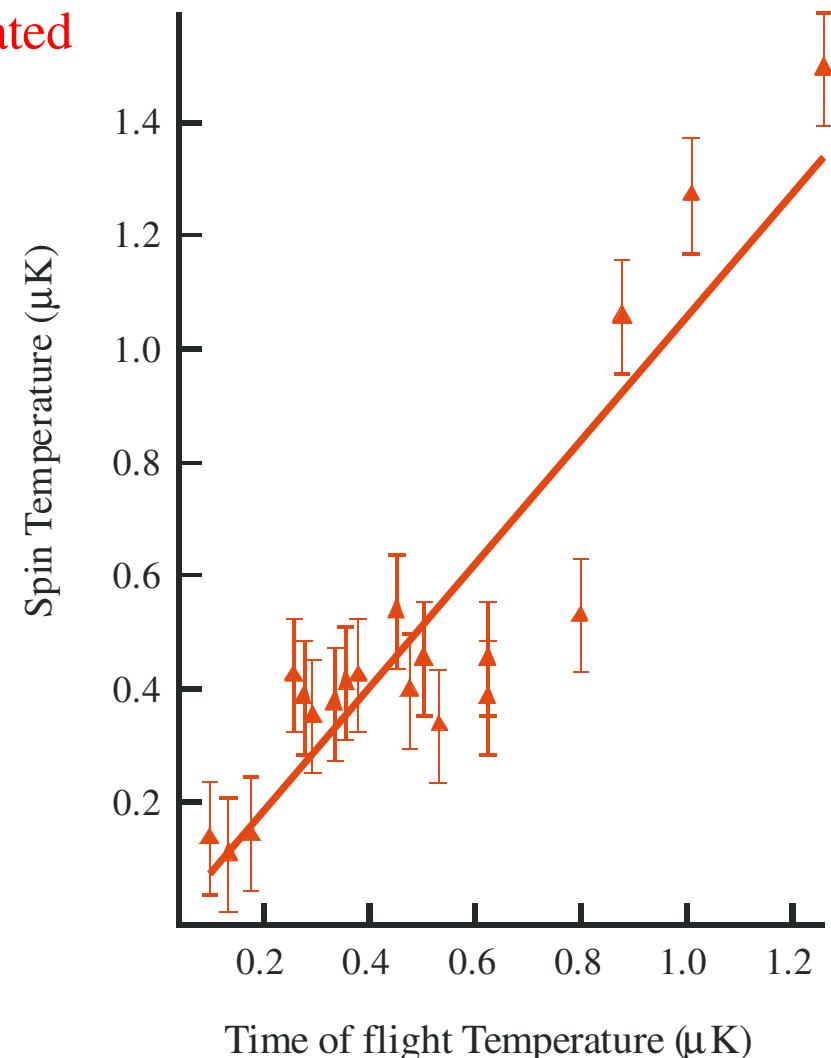
At low magnetic field: spin thermally activated

$$g\mu_B B \approx k_B T$$

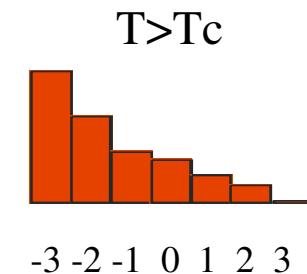


We measure spin-temperature
by fitting the m_s population
(separated by Stern-Gerlach
technique)

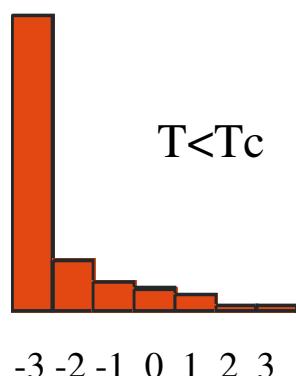
Related to Demagnetization Cooling expts,
Pfau, *Nature Physics* 2, 765 (2006)



Spontaneous magnetization due to BEC



Thermal
population in
Zeeman excited
states

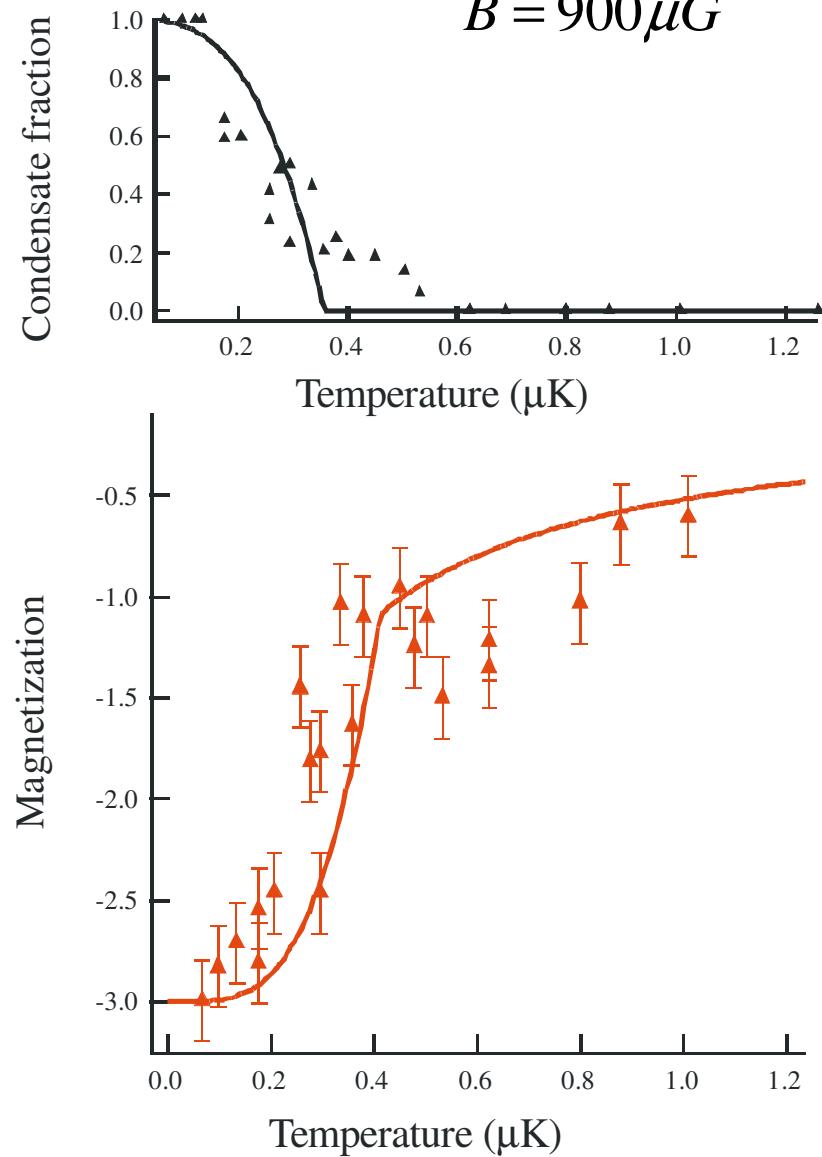


a bi-modal spin
distribution

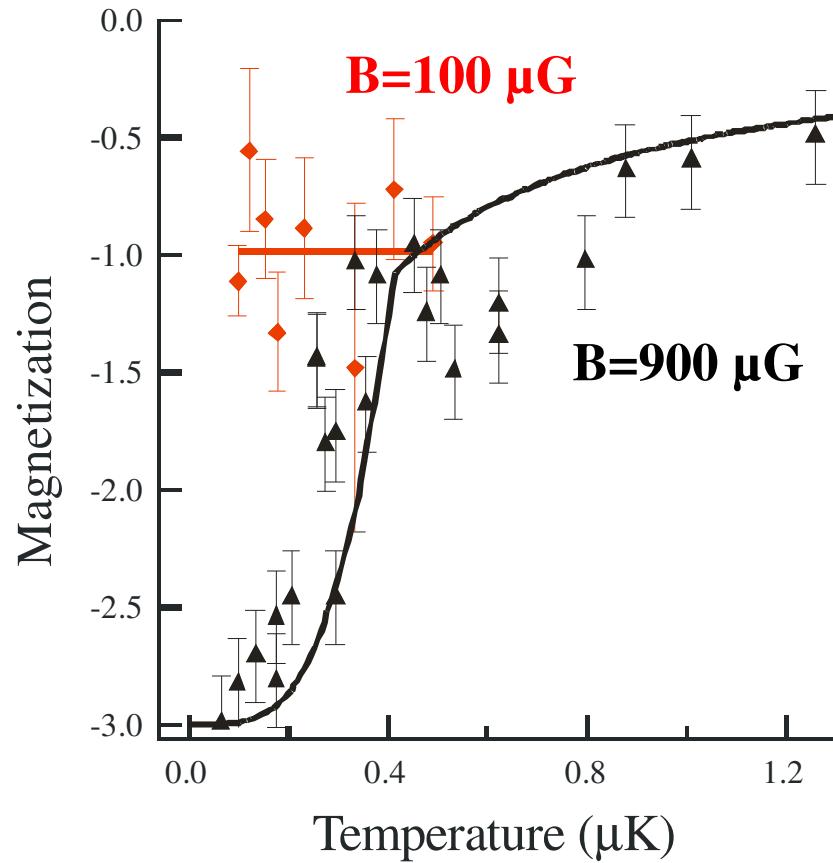
**BEC only in $m_s = -3$
(lowest energy state)**

Cloud spontaneously
polarizes !

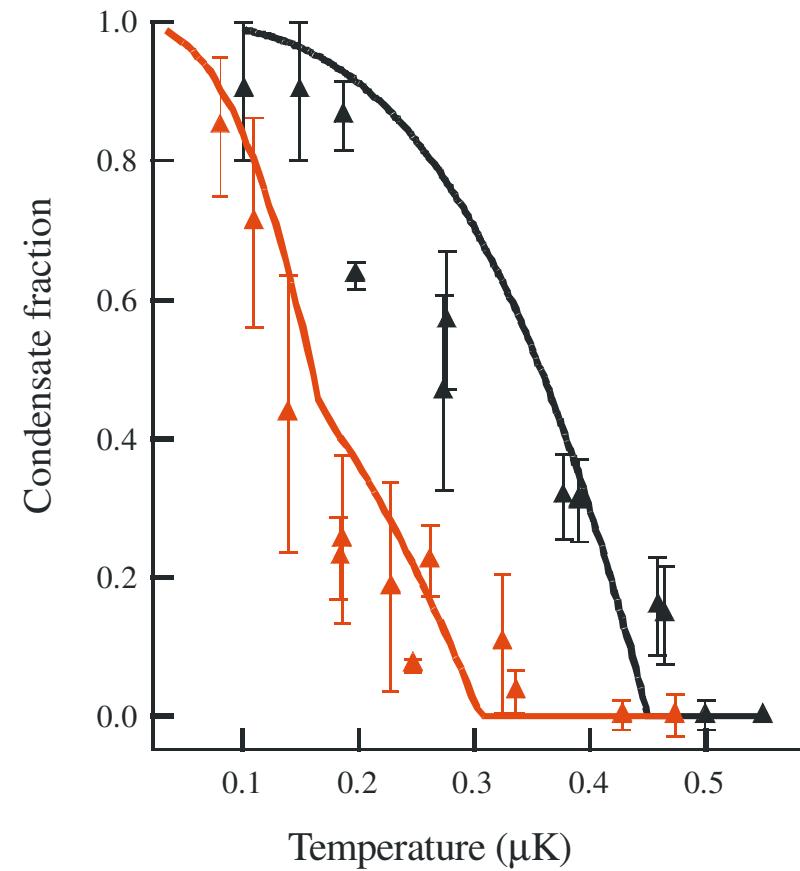
**A non-interacting BEC is ferromagnetic
New magnetism, differs from solid-state**



Below a critical magnetic field: the BEC ceases to be ferromagnetic !



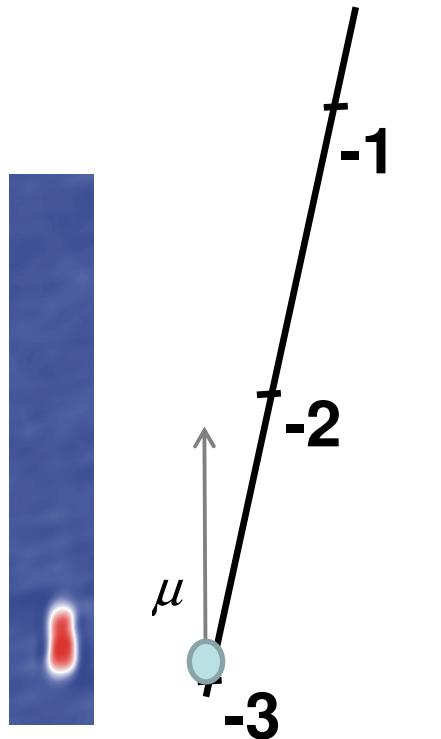
-Magnetization remains small even when the condensate fraction approaches 1
!! Observation of a depolarized condensate !!



Necessarily an interaction effect

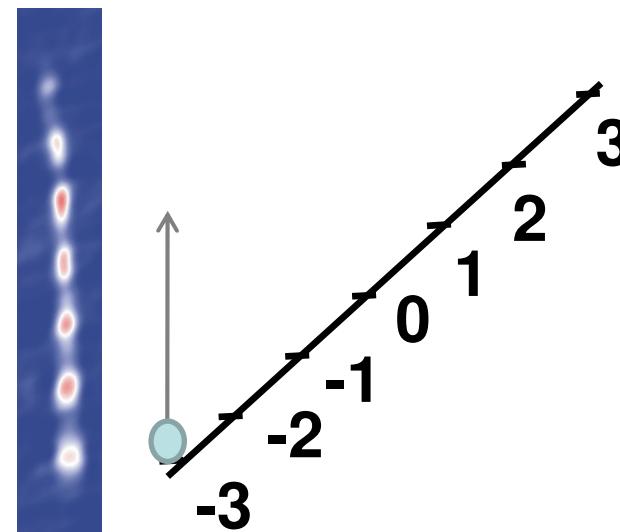
PRL 108, 045307 (2012)

Cr spinor properties at low field

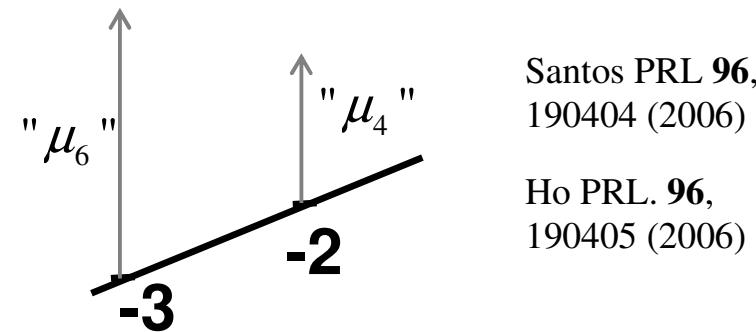


Large magnetic field : ferromagnetic

$$g_J \mu_B B_c \approx \frac{2\pi\hbar^2 n_0 (a_6 - a_4)}{m}$$

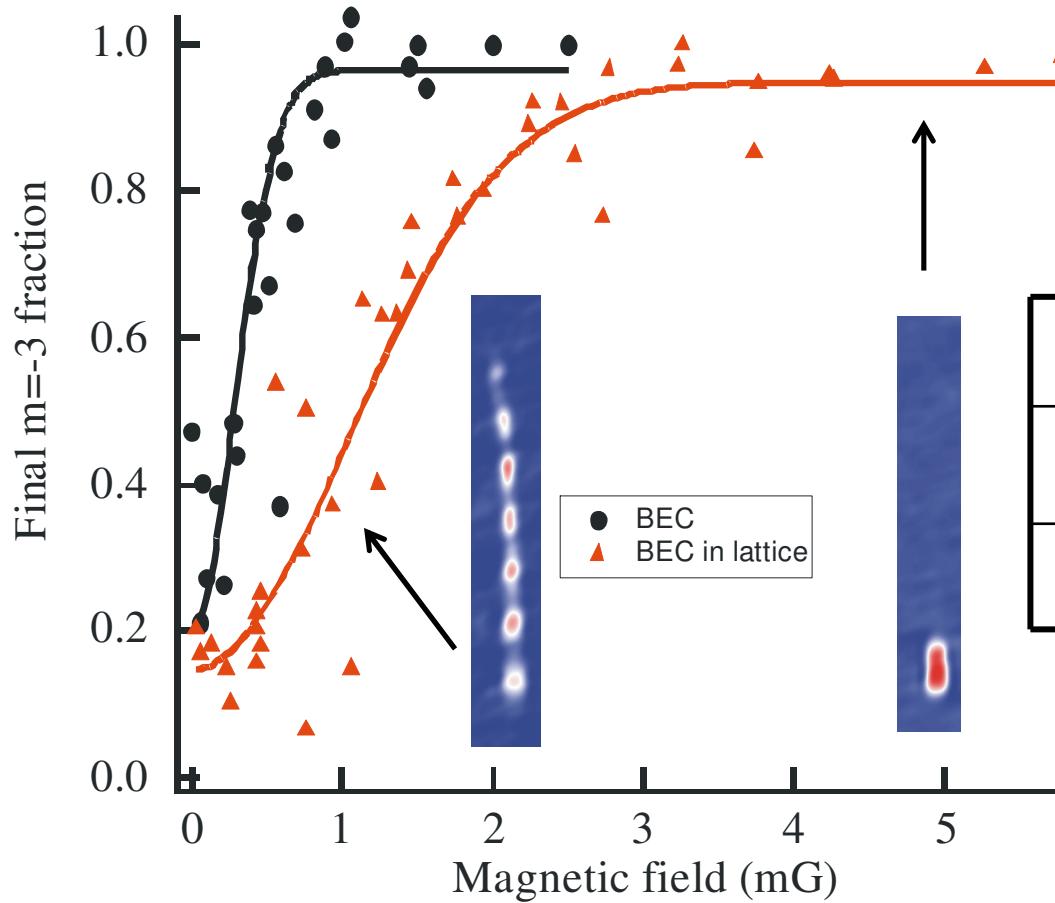


Low magnetic field : polar/cyclic

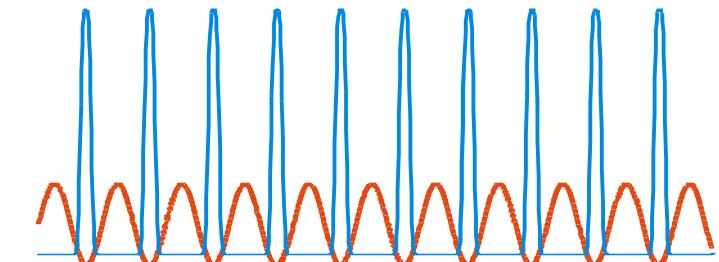


PRL 106, 255303 (2011)

Density dependent threshold



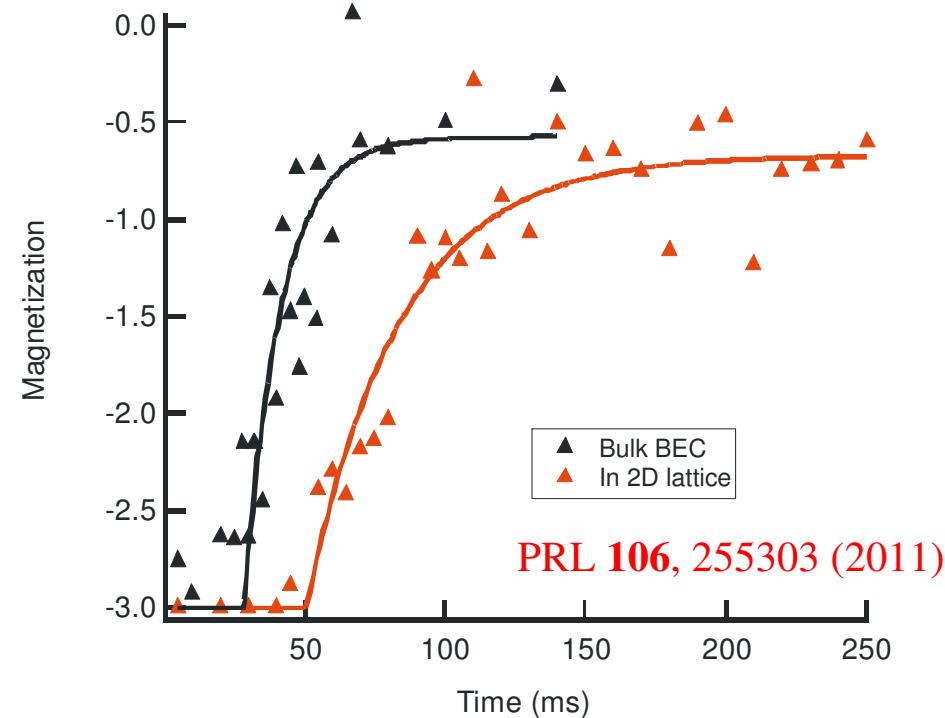
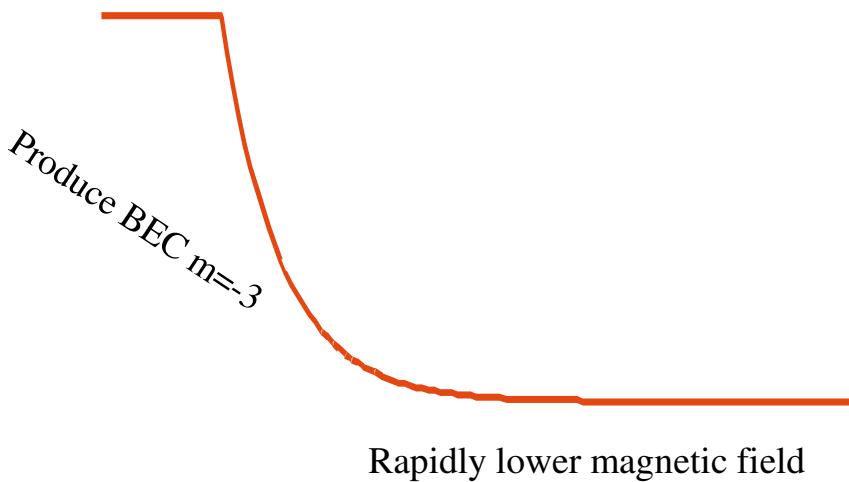
$$g_J \mu_B B_c \approx \frac{2\pi\hbar^2 n_0 (a_6 - a_4)}{m}$$



Load into deep 2D optical lattices to boost density.
Field for depolarization depends on density

Note: Possible new physics in 1D: Polar phase is a singlet-paired phase Shlyapnikov-Tsvelik NJP, 13, 065012 (2011)

Dynamics analysis



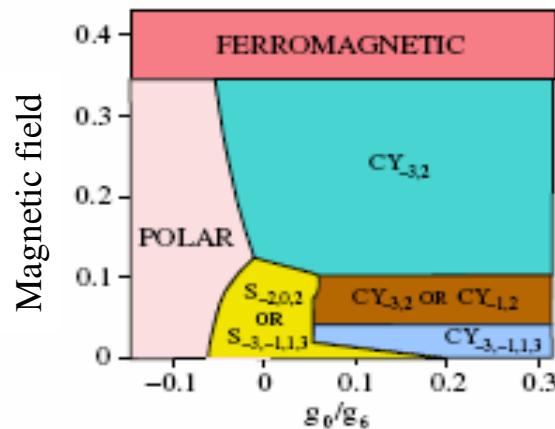
**Meanfield picture :
Spin(or) precession**

Ueda, PRL **96**,
080405 (2006)

Natural timescale for depolarization:

$$V_{dd} (r = n^{-1/3}) \propto \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 n$$

Open questions about equilibrium state



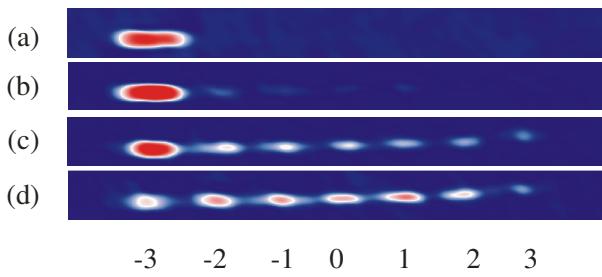
Santos and Pfau
PRL **96**, 190404 (2006)
Diener and Ho
PRL. **96**, 190405 (2006)
Demler et al.,
PRL **97**, 180412 (2006)

Phases set by contact interactions,
magnetization dynamics set by
dipole-dipole interactions

- Operate near $B=0$. Investigate absolute many-body ground-state
- We do not (cannot ?) reach those new ground state phases
- Quench should induce vortices...
- Role of thermal excitations ?**

Polar

$$\frac{1}{\sqrt{2}}(1,0,0,0,0,0,1)$$

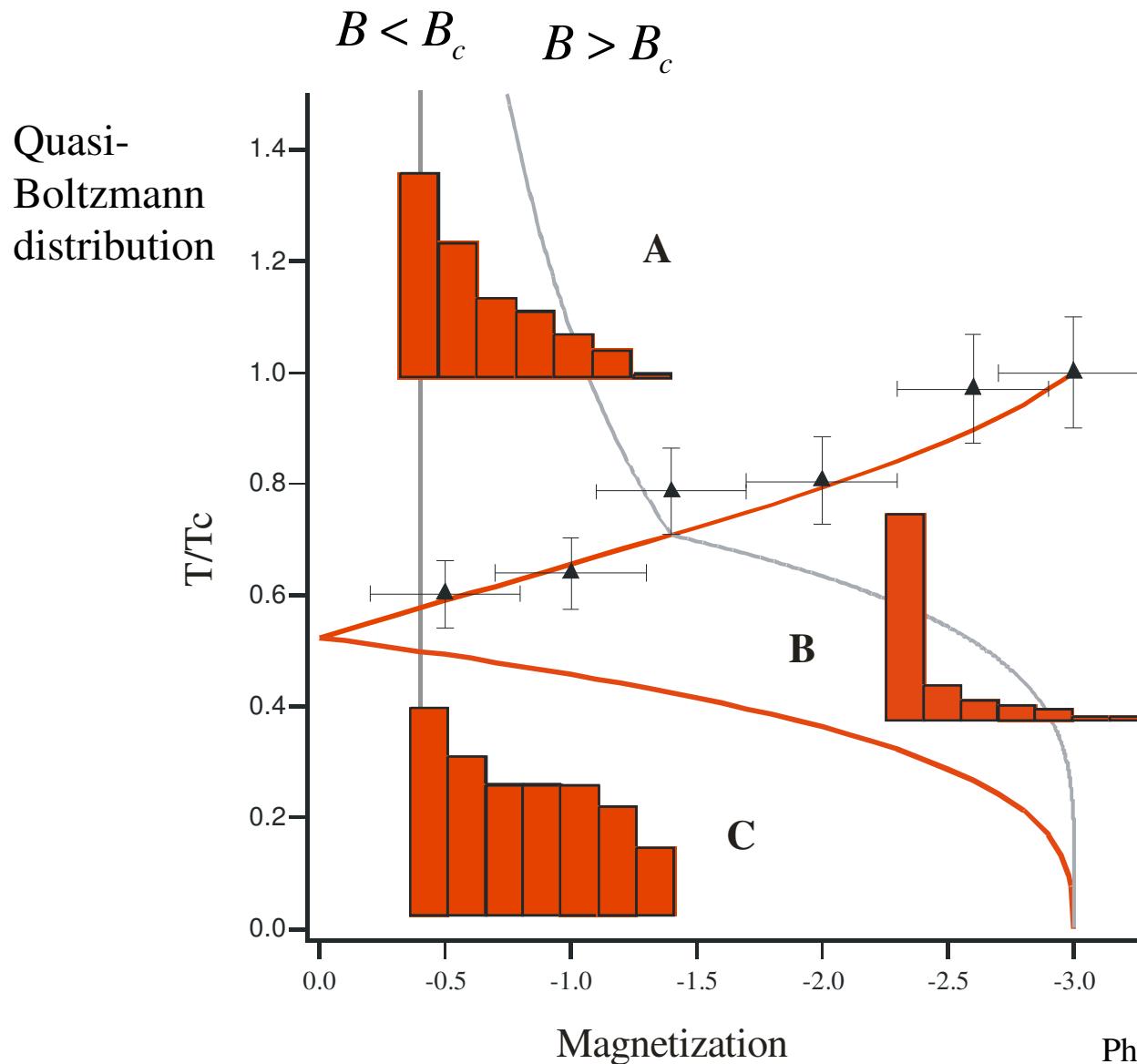


Cyclic

$$\frac{1}{\sqrt{2}}(1,0,0,0,0,1,0)$$

!! Depolarized BEC likely in metastable state !!

Magnetic phase diagram



Measure $T_c(B)$ and
 $M(T_c, B)$ for different
magnetic fields B
Get $T_c(M)$

Bi-modal spin
distribution

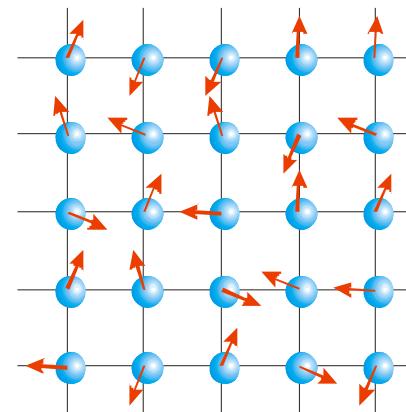
Phase diagram adapted from J. Phys. Soc.
Jpn, **69**, 12, 3864 (2000)
See also PRA, **59**, 1528 (1999)

1 Spinor physics of a Bose gas with free magnetization

- Thermodynamics: Spontaneous magnetization of the gas due to ferromagnetic nature of BEC*
- Spontaneous depolarization of the BEC due to spin-dependent interactions*

2 Magnetism in 3D optical lattices

- Spin and magnetization dynamics*
- Depolarized ground state at low magnetic field*



Study quantum magnetism with dipolar gases ?

Hubard model at half filling, Heisenberg model of magnetism (**effective spin model**)

$$H = \frac{1}{2} \sum_{i < j} J_{ij} (\vec{S}_i \cdot \vec{S}_j - \frac{n_i n_j}{4})$$

$$H^{zz} = \frac{1}{2} \sum_{i < j} J_{ij} (S_i^z \cdot S_j^z)$$

$$H^{xy} = \frac{1}{2} \sum_{i < j} J_{ij} (S_i^+ \cdot S_j^- + S_i^- \cdot S_j^+)$$

**Dipole-dipole interactions
between real spins**

$$V_{dd} = \frac{\mu_0}{4\pi} (g_J \mu_B)^2 \frac{S_1 \cdot S_2 - 3(S_1 \cdot \vec{\mu}_R)(S_2 \cdot \vec{\mu}_R)}{R^3}$$

$$\begin{aligned} & S_{1z} S_{2z} + \frac{1}{2} (S_{1+} S_{2-} + S_{1-} S_{2+}) \\ & - \frac{3}{4} (2zS_{1z} + r_- S_{1+} + r_+ S_{1-}) \\ & (2zS_{2z} + r_- S_{2+} + r_+ S_{2-}) \end{aligned}$$

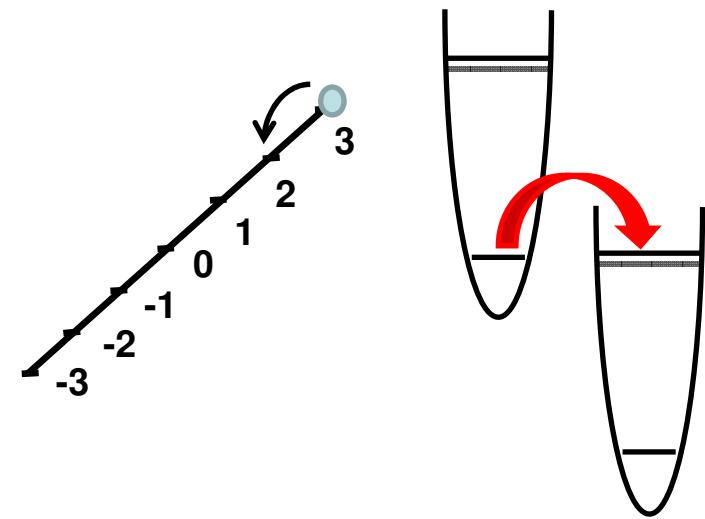
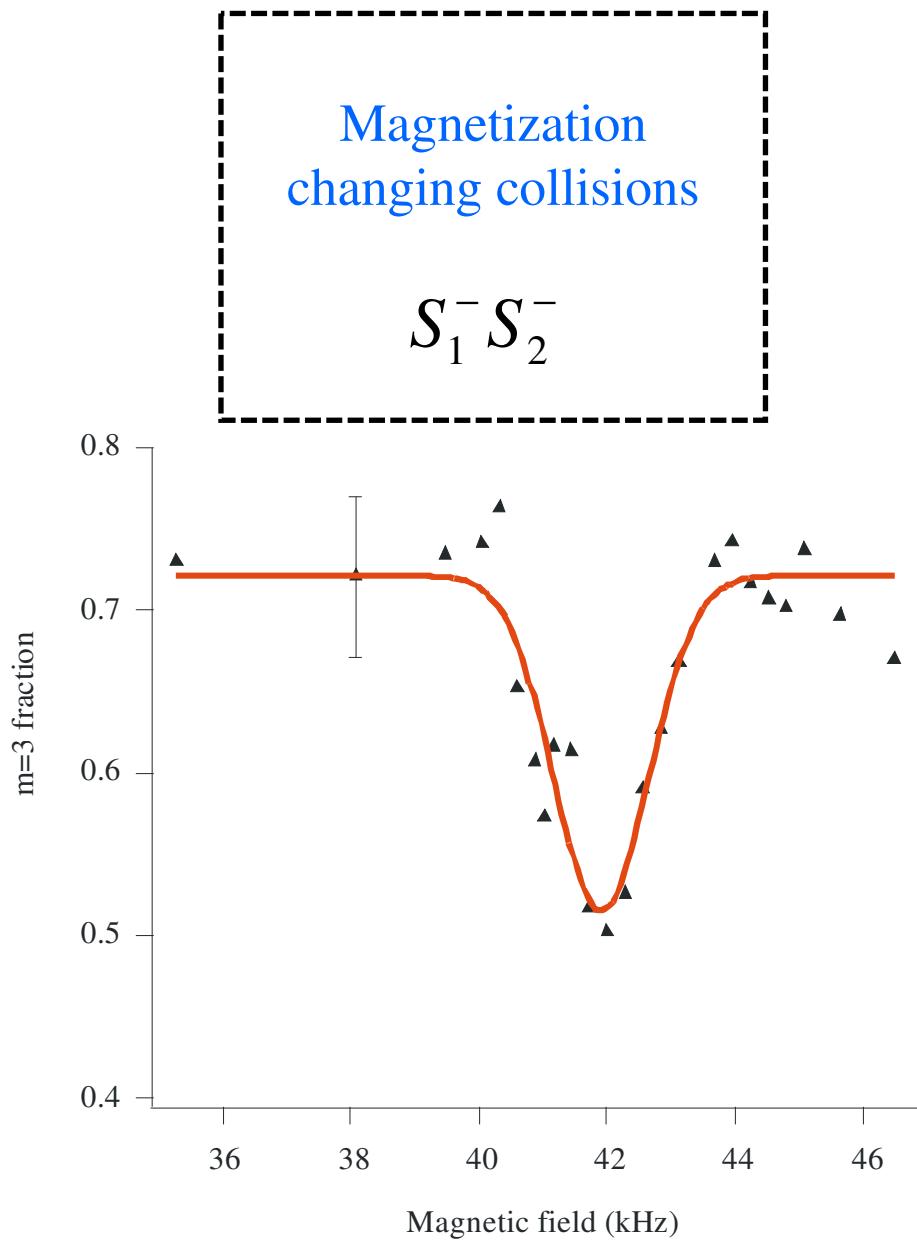
Anisotropy

Does not rely on Mott
physics

Magnetization
changing collisions

$$S_1^- S_2^-$$

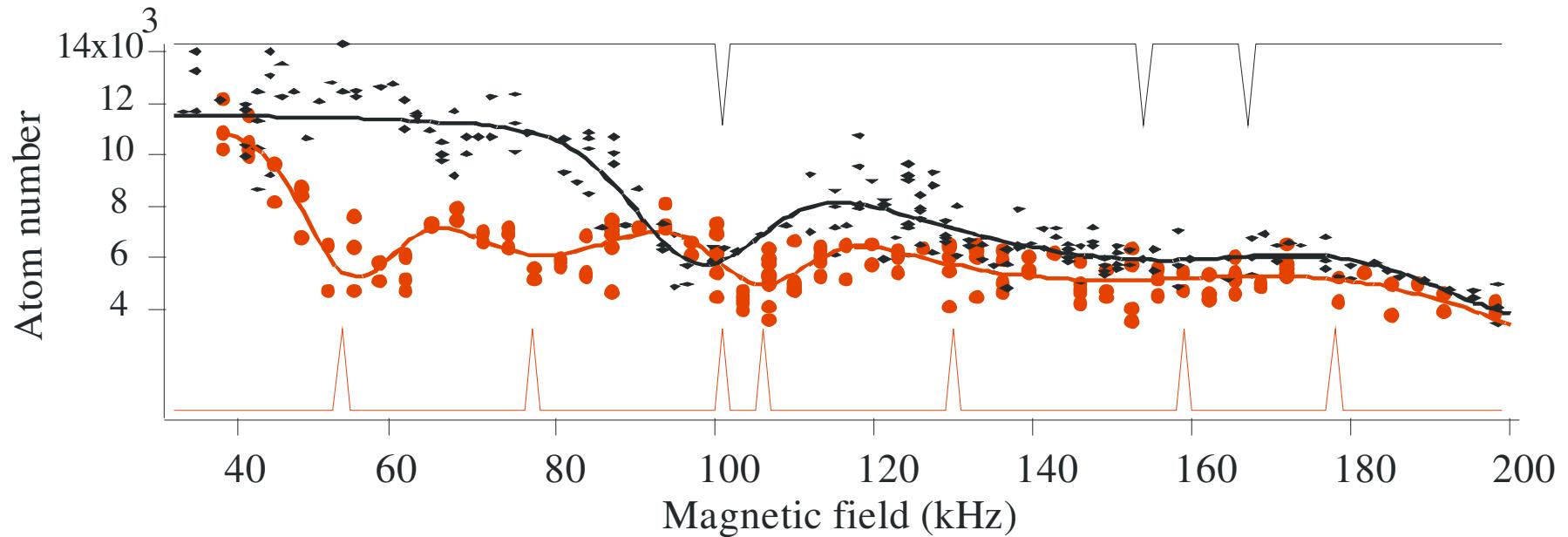
Magnetization dynamics resonance for two atoms per site (~15 mG)



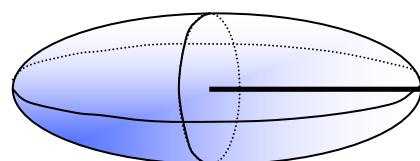
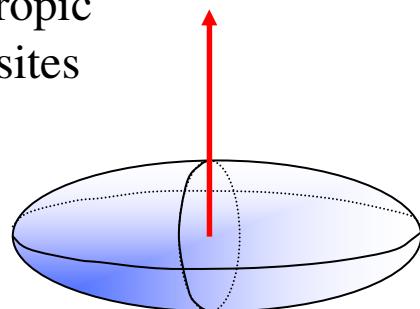
Towards coherent excitation of pairs into higher lattice orbitals ?
(Rabi oscillations)

Mott state locally coupled to excited band

Strong anisotropy of dipolar resonances



Anisotropic
lattice sites



$$V_r = \frac{3}{2} S d^2 \frac{(x + iy)^2}{r^5}$$

At resonance

May produce vortices in each
lattice site (Einstein-de-Haas
effect)
(problem of tunneling)

See also PRL 106, 015301 (2011)

From now on : stay away from dipolar magnetization dynamics resonances,
Spin dynamics at constant magnetization (<15mG)

Magnetization
changing collisions
Can be suppressed in
optical lattices

$$\cancel{S_1^- S_2^-}$$

$$S_{1z}S_{2z} - \frac{1}{4}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Differs from Heisenberg magnetism:

$$S_{1z}S_{2z} + \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Related research with polar molecules:

$$\alpha S_{1z}S_{2z} + \beta \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

A. Micheli et al., Nature Phys. **2**, 341 (2006).
A.V. Gorshkov et al., PRL, **107**, 115301 (2011),
See also D. Peter et al., PRL. **109**, 025303 (2012)

Spin dynamics at constant magnetization

$$S_{1z}S_{2z} - \frac{1}{4}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Other differences from Heisenberg magnetism:

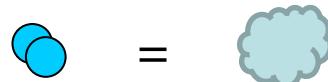
-Bosons...

-Not a spin $\frac{1}{2}$ system: $S=3$

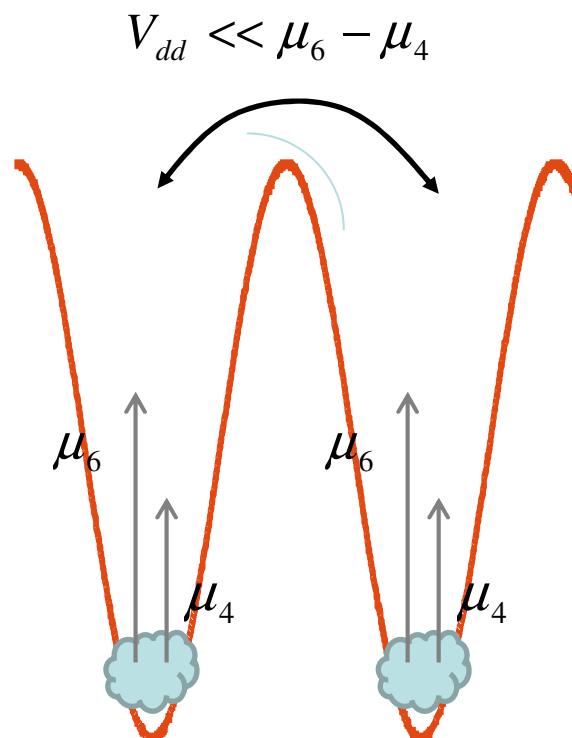
-Does not rely on Mott physics

- Can have more than one atom per site

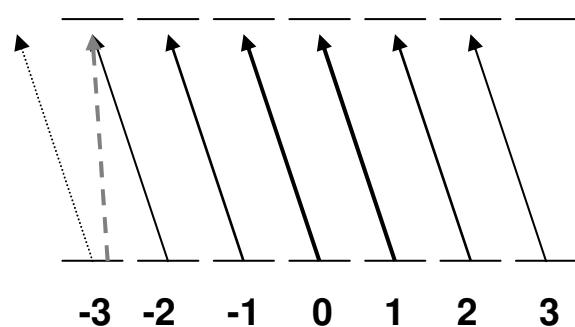
$$(S=3) + (S=3) = (S_t = 6, 4, 2, 0\dots)$$



Effective S_t



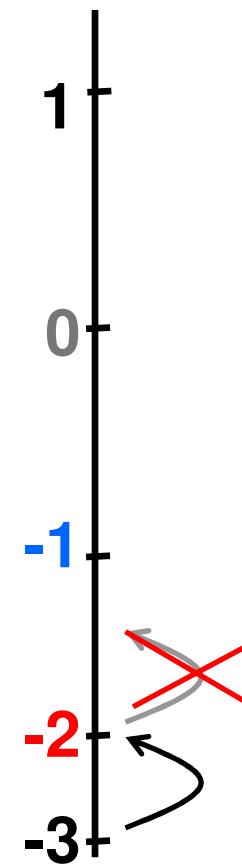
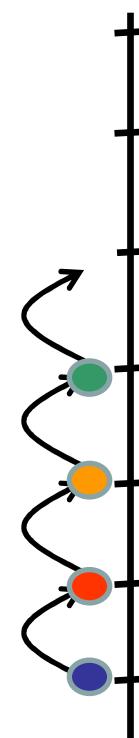
Control the initial state by a tensor light-shift



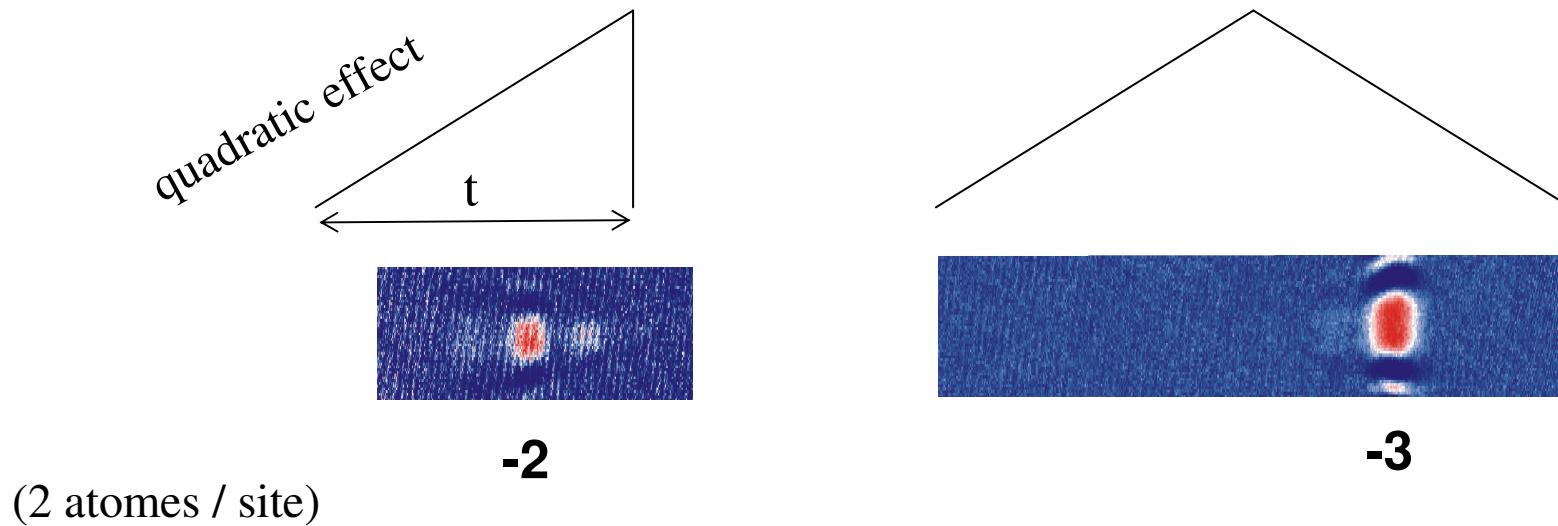
A σ - polarized laser
Close to a $J \rightarrow J$ transition
(100 mW 427.8 nm)

$$\Delta = \alpha m_S^2$$

Quadratic effect allows state preparation



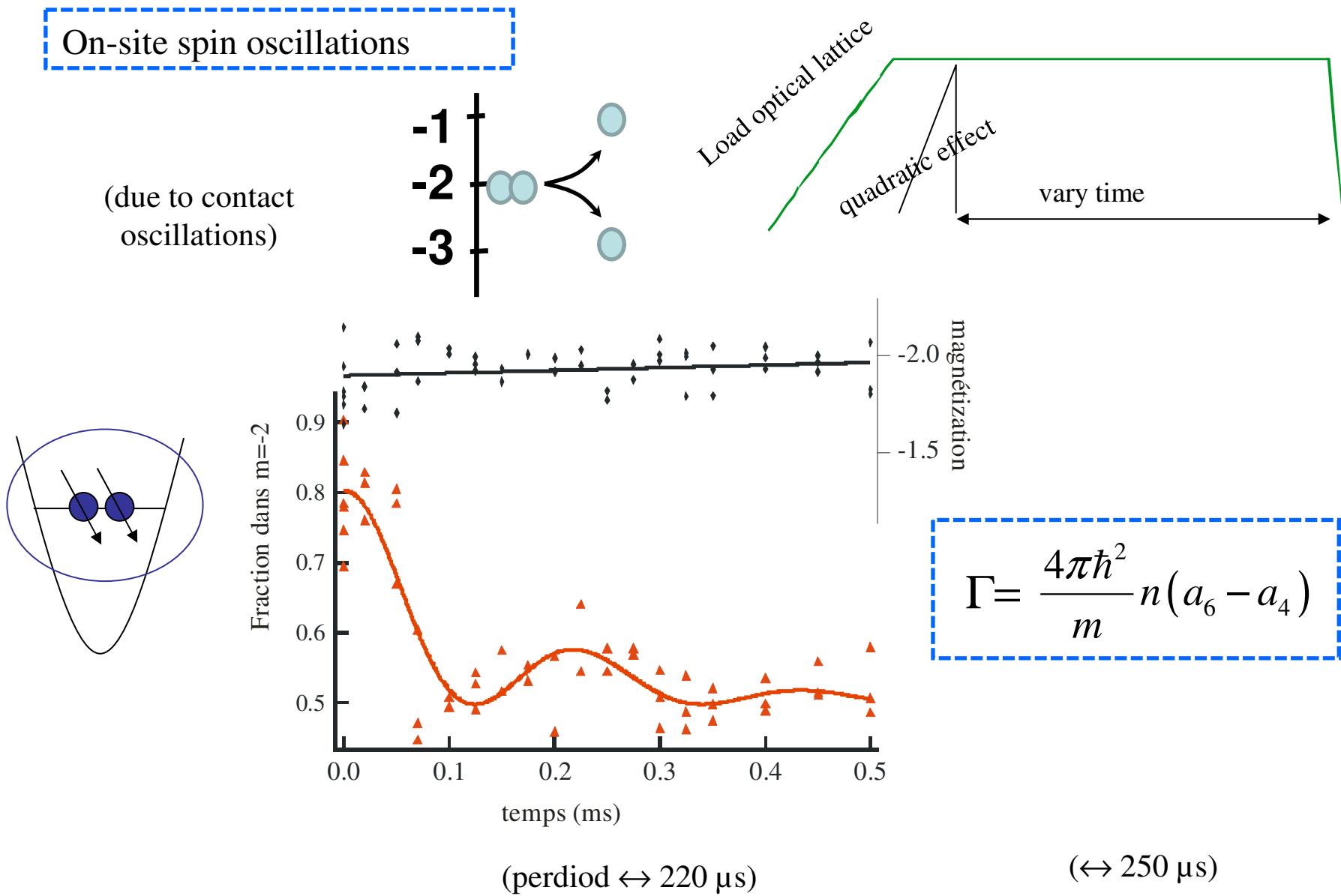
Adiabatic state preparation in 3D lattice



Initiate spin dynamics by removing quadratic effect

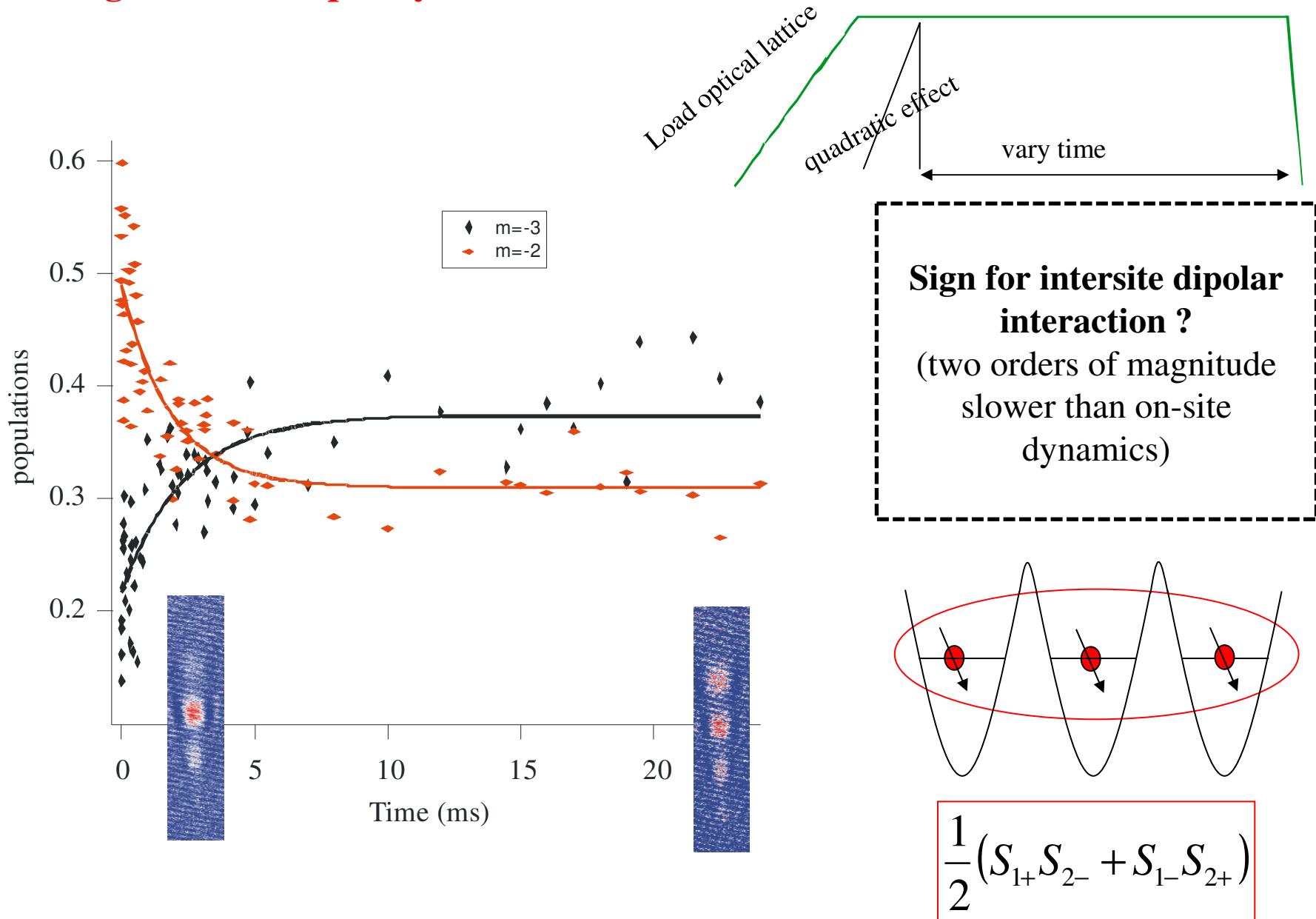
$$|m_s = -2, m_s = -2\rangle = \sqrt{\frac{6}{11}} |S = 6, m_{tot} = -4\rangle - \sqrt{\frac{5}{11}} |S = 4, m_{tot} = -4\rangle \quad | -2, -2 \rangle \leftrightarrow \frac{1}{\sqrt{2}} (| -3, -1 \rangle + | -1, -3 \rangle)$$

$$\boxed{\Gamma = \frac{4\pi\hbar^2}{m} n (a_6 - a_4)}$$

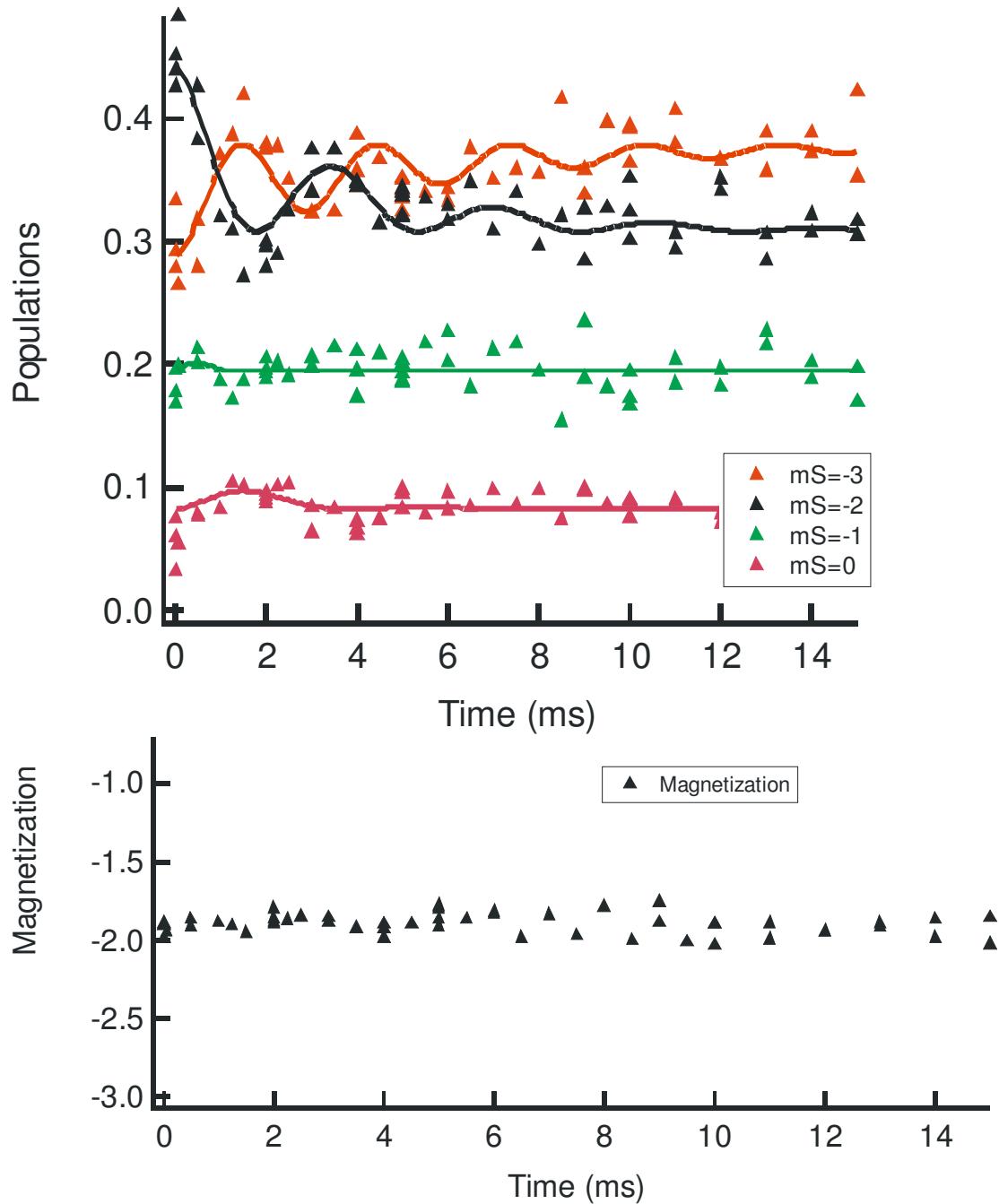


Up to now unknown source of damping

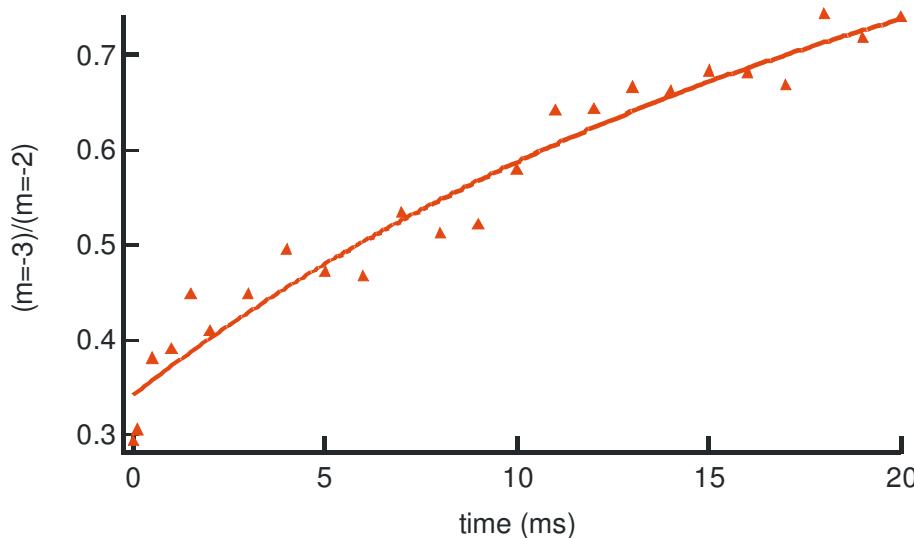
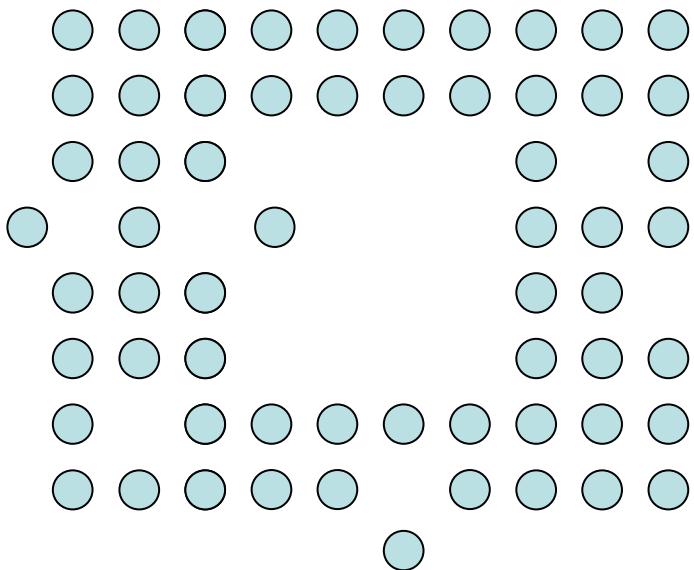
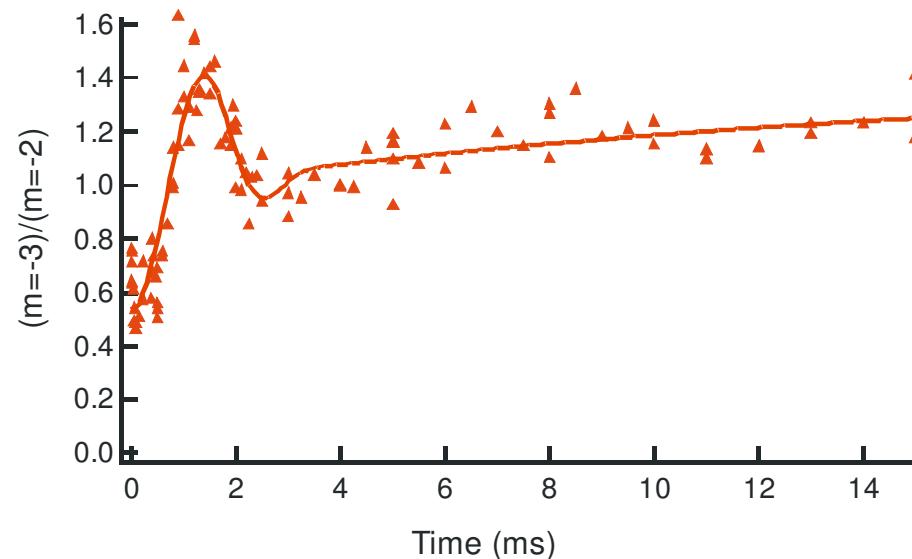
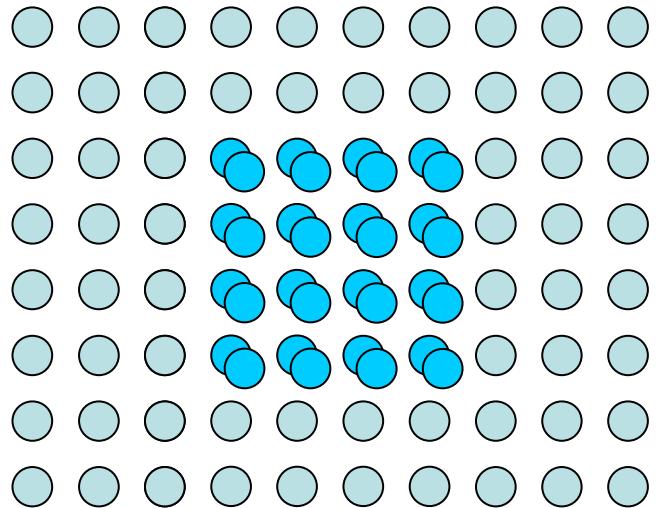
Long time-scale spin dynamics in lattice

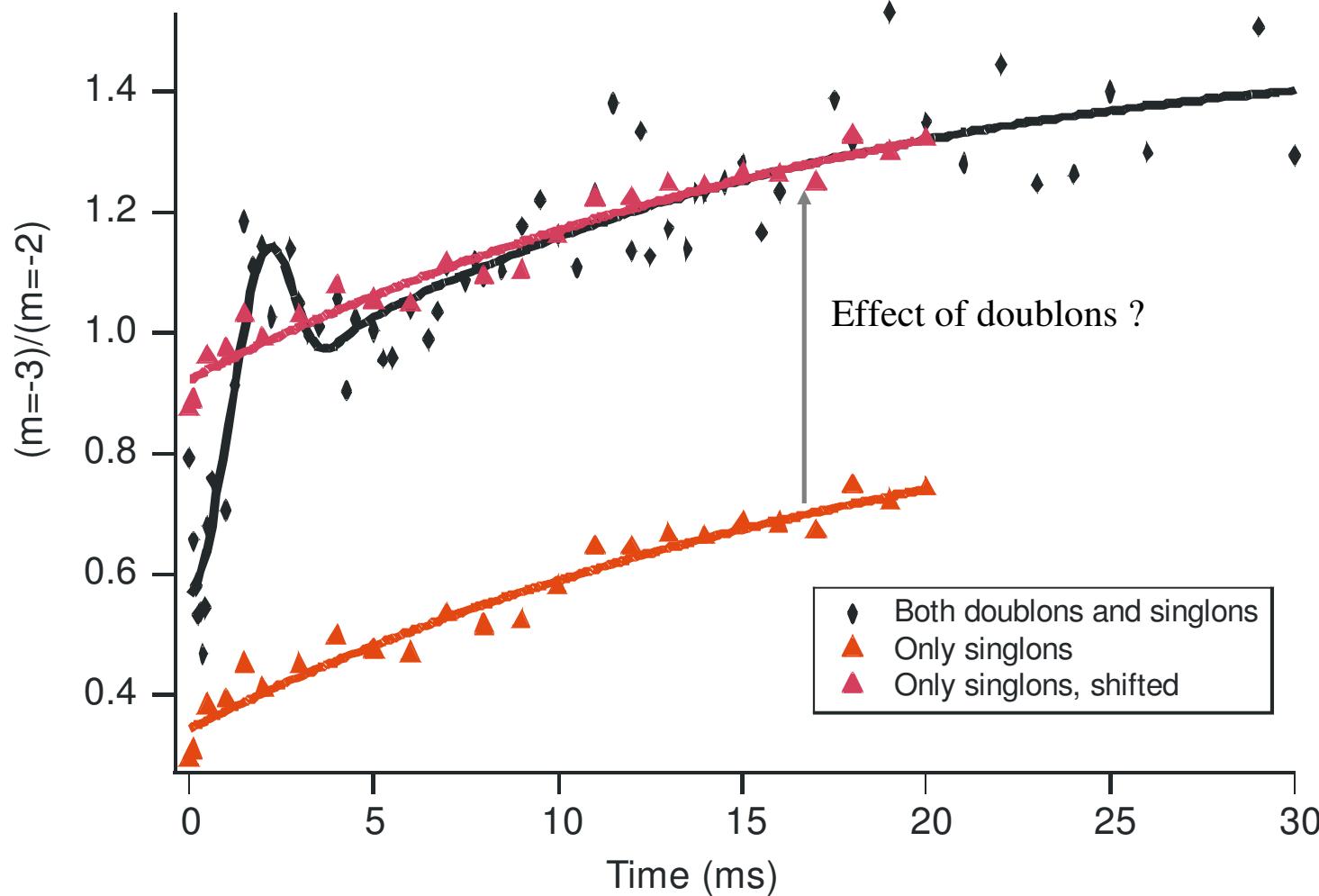


Observation of spin oscillations at constant magnetization



Oscillations arise from interactions between doubled-occupied sites

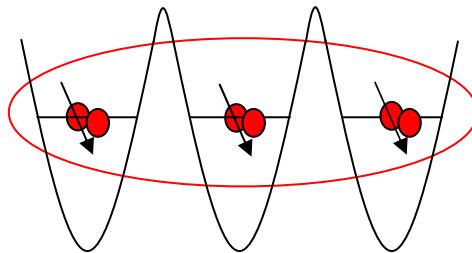




Our current understanding:

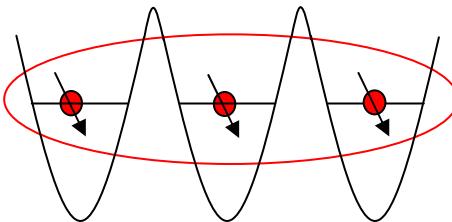
$$S_{1z}S_{2z} - \frac{1}{4}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Spin oscillations due to inter-site dipolar exchange between doublons



Timescale = 6 ms

Long time-scale dynamics due to inter-site dipolar exchange between singlons



1/e timescale = 25 ms

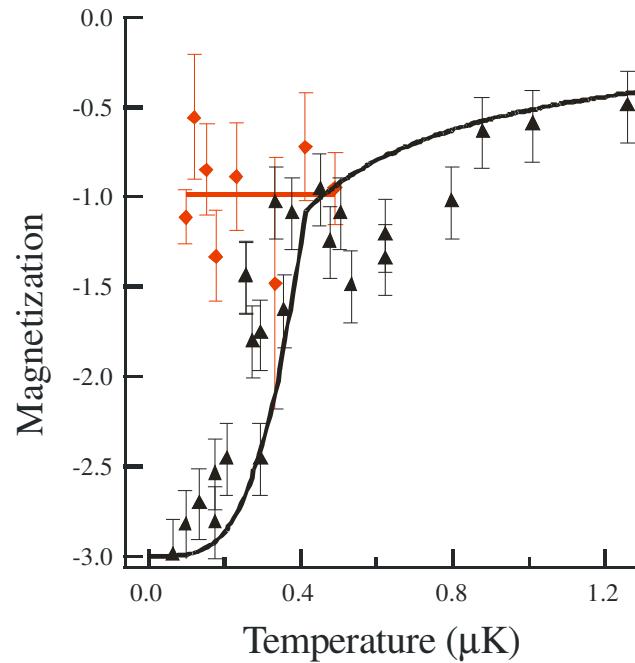
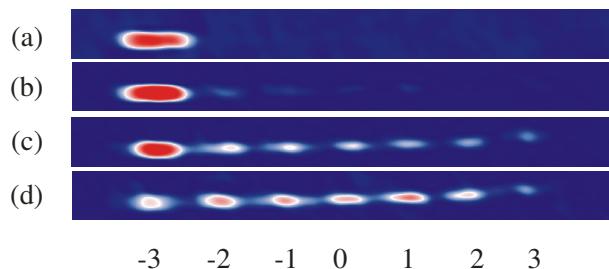
Current theoretical modelling:

Exact diagonalization 2 pairs, 2 sites : exchange timescale = 15 ms

Exact diagonalization 2 atoms, 2 sites : exchange timescale = 50 ms

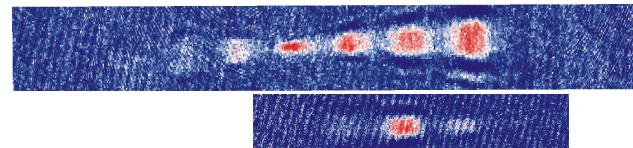
Conclusions

Magnetization changing dipolar collisions
introduce the spinor physics with free
magnetization



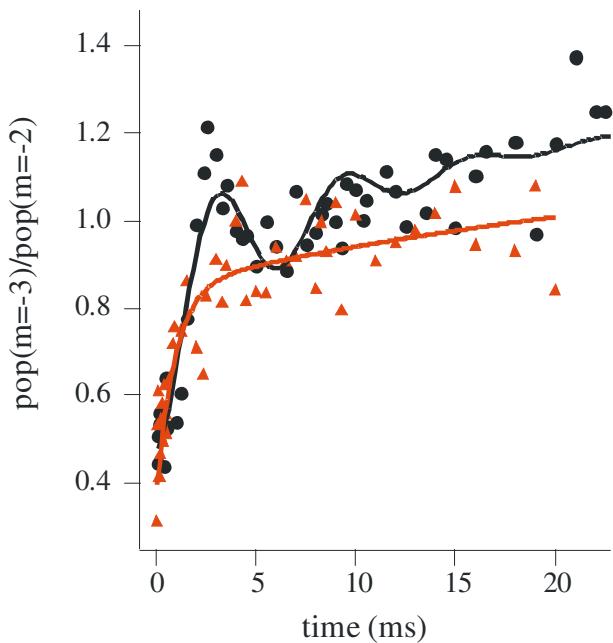
New spinor phases at extremely low
magnetic fields

Tensor light-shift allow to reach new
quantum phases

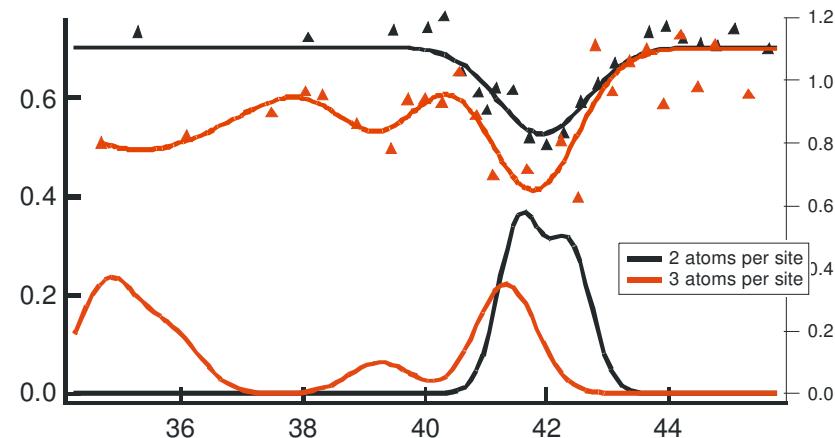


Magnetism in lattice

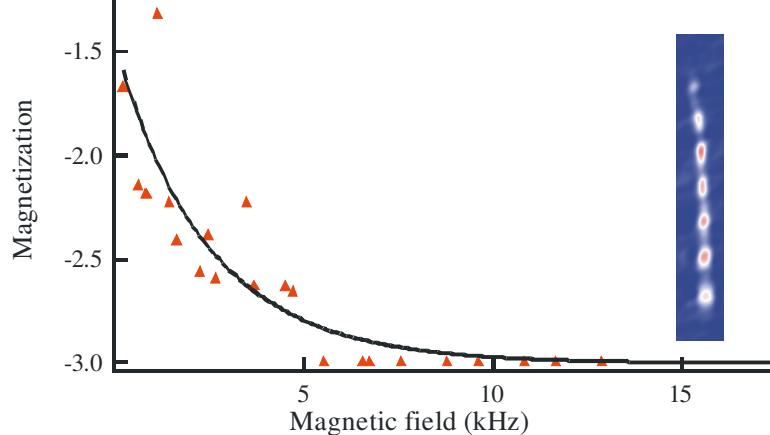
Resonant magnetization dynamics
Towards Einstein-de-Haas effect
Anisotropy
Few body vs many-body physics



Spontaneous depolarization at low magnetic field
Towards low-field phase diagram



Away from resonances: spin oscillations
Spin-exchange
Dipolar exchange





A.de Paz, A. Chotia, A. Sharma B. Pasquiou, G. Bismut,
B. Laburthe-Tolra, E. Maréchal, L. Vernac,
P. Pedri, M. Efremov, O. Gorceix

