Dipolar chromium BECs, and magnetism

LPI

RIPURLICUE FRANÇANE MENSTÊRE RE L'ANSERCIMENT SUPÉRIOUR RE LA RECORRENT

Claim

e sur les Atomes Froi

IFRA

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Chromium : an artificially large spin (S=3):



Relative strength of dipole-dipole and Van-der-Waals interactions

 $\varepsilon_{dd} > 1$ Spherical BEC collapses

$$\varepsilon_{dd} = \frac{\mu_0 \mu_m^2 m}{12\pi\hbar^2 a} \propto \frac{V_{dd}}{V_{VdW}}$$

Stuttgart: Tune contact interactions using Feshbach resonances (Nature. 448, 672 (2007))



Anisotropic explosion pattern reveals dipolar coupling.



Stuttgart: d-wave collapse, PRL **101**, 080401 (2008) See also Er PRL, **108**, 210401 (2012) See also Dy, PRL, **107**, 190401 (2012) and Dy Fermi sea PRL, 108, 215301 (2012) ... and heteronuclear molecules...

 $\mathcal{E}_{dd} < 1$ BEC stable despite attractive part of dipole-dipole interactions

 $\varepsilon_{dd} = 0.16$

- Small (but interesting) effects observed at the % level :
- Striction Stuttgart, PRL 95, 150406 (2005)
- Collective excitations Villetaneuse, PRL 105, 040404 (2010)
- Anisotropic speed of sound, Villetaneuse, PRL 109, 155302 (2012)

Polarized (« scalar ») BEC **Hydrodynamics** Collective excitations, sound, superfluidity

Multicomponent (« spinor ») BEC Magnetism Phases, spin textures...

Chromium (S=3): involve dipole-dipole interactions

$$V_{dd} = \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 (1 - 3\cos^2(\theta)) \frac{1}{R^3}$$

Long-ranged

Anisotropic

Hydrodynamics: non-local mean-field Magnetism: Atoms *are* magnets

θ

R

Interactions couple **spin** and **orbital** degrees of freedom

Key idea:

Study magnetism with large spins (S=3, S=6...)

This talk:

0 Introduction to spinor physics

1 Spinor physics of a Bose gas with free magnetization

2 (Quantum) magnetism in opical lattices







Stamper-Kurn, Lett, Gerbier

Main ingredients for spinor physics

S=1,2,...

Spin-dependent contact interactions Spin exchange

$$\left| m_{S} = 0, m_{S} = 0 \right\rangle = \sqrt{\frac{2}{3}} \left| S = 2, m_{tot} = 0 \right\rangle - \sqrt{\frac{1}{3}} \left| S = 0, m_{tot} = 0 \right\rangle$$

Main new features with Cr

S=3

7 Zeeman states4 scattering lengthsNew structures

Strong spin-dependent contact interactions

Purely linear Zeeman effect

And

Quadratic Zeeman effect

 $\hbar\Gamma \propto \left(\frac{4\pi\hbar^2(a_2 - a_0)}{m}\right) \quad \mathbf{0} \quad \mathbf$

Dipole-dipole interactions

Dipolar interactions introduce magnetization-changing collisions



Dipolar relaxation, rotation, and magnetic field







B=10 mG → Energy gain matches band excitation in a lattice

B=.1 mG \rightarrow Energy gain equals to chemical potential in BEC

S=3 Spinor physics with free magnetization

1 Spinor physics of a Bose gas with free magnetization (bulk)

2 (Quantum) magnetism in optical lattices

Technical challenges :

Good control of magnetic field needed (down to 100 µG) Active feedback with fluxgate sensors

Low atom number – 10 000 atoms in 7 Zeeman states

Spin temperature equilibriates with mechanical degrees of freedom

At low magnetic field: spin thermally activated

 $g\mu_B B \approx k_B T$

3

2

1

-2



We measure spin-temperature by fitting the m_s population (separated by Stern-Gerlach technique)

Related to Demagnetization Cooling expts, Pfau, *Nature Physics* **2**, 765 (2006)



Time of flight Temperature (µK)

Spontaneous magnetization due to BEC



PRL 108, 045307 (2012)

Below a critical magnetic field: the BEC ceases to be ferromagnetic !



-Magnetization remains small even when the condensate fraction approaches 1 !! Observation of a depolarized condensate !!

Necessarily an interaction effect PRL **108**, 045307 (2012)



PRL 106, 255303 (2011)

below which we see demagnetization and Bc

Open questions about equilibrium state



Santos and Pfau PRL **96**, 190404 (2006) Diener and Ho PRL. **96**, 190405 (2006) Demler et al., PRL **97**, 180412 (2006)

Phases set by contact interactions, magnetization dynamics set by dipole-dipole interactions



!! Depolarized BEC likely in metastable state !!

Operate near B=0. Investigate absolute many-body ground-state
We do not (cannot ?) reach those new ground state phases
Quench should induce vortices...
-Role of thermal excitations ?

Magnetic phase diagram



0 Introduction to spinor physics

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Study quantum magnetism with dipolar gases ?

Hubard model at half filling, Heisenberg model of magnetism (effective spin model)

$$S_{1z}S_{2z} + \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Dipole-dipole interactions between real spins

$$V_{dd} = \frac{\mu_0}{4\pi} (g_J \mu_B)^2 \frac{S_1 \cdot S_2 - 3(S_1 \cdot \vec{u}_R)(S_2 \cdot \vec{u}_R)}{R^3}$$

$$S_{1z}S_{2z} + \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+}) - \frac{3}{4}(2zS_{1z} + r_{-}S_{1+} + r_{+}S_{1-}). (2zS_{2z} + r_{-}S_{2+} + r_{+}S_{2-})$$

Magnetization changing collisions $S_1^-S_2^-$

Magnetization dynamics resonance for a Mott state with two atoms per site (~15 mG)





Dipolar resonance when released energy matches band excitation

Mott state locally coupled to excited band

Direct manifestation of anisotropic interactions : Strong anisotropy of dipolar resonances



See also PRL 106, 015301 (2011)

From now on : stay away from dipolar magnetization dynamics resonances, Spin dynamics at constant magnetization (<15mG)



$$S_{1z}S_{2z} - \frac{1}{4}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Differs from Heisenberg magnetism:

$$S_{1z}S_{2z} + \frac{1}{2}(S_{1+}S_{2-} + S_{1-}S_{2+})$$

Related research with polar molecules:

A. Micheli et al., Nature Phys. 2, 341 (2006).
A.V. Gorshkov et al., PRL, 107, 115301 (2011),
See also D. Peter et al., PRL. 109, 025303 (2012)

Other differences from Heisenberg magnetism:

Bosons... Not a spin $\frac{1}{2}$ system: S=3... Anisotropy...-1/r³ dependence... Does not rely on Mott physics... Can have more than one atom per site

$$\alpha S_{1z} S_{2z} + \beta \frac{1}{2} (S_{1+} S_{2-} + S_{1-} S_{2+})$$

Control the initial state by a tensor light-shift

Quadratic effect allows state preparation



A σ− polarized laser Close to a J→J transition (100 mW 427.8 nm)

 $\Delta = \alpha m_s^2$



Adiabatic state preparation in 3D lattice



Initiate spin dynamics by removing quadratic effect



Short times : fast oscillations due to spin-dependent contact interactions



PRELIMINARY

(sudden melting of Mott insulator ?)





Long time-scale spin dynamics in lattice : intersite dipolar exchange



Magnetization is constant

 $\frac{1}{2} \left(S_{1+} S_{2-} + S_{1-} S_{2+} \right)$

PRELIMINARY

Oscillations arise from interactions between doubledoccupied sites



PRELIMINARY

Very slow spin dynamics for one particle per site: Intersite dipole-dipole coupling

Our current understanding:

 $-\frac{1}{4} \left(S_{1+} S_{2-} + S_{1-} S_{2+} \right)$ $S_{1z}S_{2z}$

(Very) long time-scale dynamics due to inter-site dipolar exchange between singlons



1/e timescale = 25 ms

0.0

0

2

Λ

Time (ms)

8

6

Theoretical estimate : 2 atoms, 2 sites : exchange timescale = 50 ms



Exact diagonalization 2 pairs, 2 sites Faster coupling because larger effective spin

Conclusions





New spinor phases at extremely low magnetic fields



Magnetization dynamics is resonant



Intersite dipolar spin-exchange







Magnetism in lattice

Resonant magnetization dynamics

Towards Einstein-de-Haas effect Anisotropy Few body vs many-body physics



Spontaneous depolarization at low magnetic field Towards low-field phase diagram



Away from resonances: spin oscillations Spin-exchange Dipolar exchange







Few-body physics ! The 3-atom state which is reached has **entangled** spin and orbital degrees of freedom



Adiabatic (reversible) change in magnetic state (unrelated to dipolar interactions)


A tool to study spin dynamics in the lattice : a light-induced effective Quadratic Zeeman effect



A transition at much higher magnetic field...



From the molecular physics point of view



(almost) complete suppression of dipolar relaxation in 1D at low field: a threshold consequence of angular momentum conservation



0D: a resonance due to energy conservation



Collab. Group of Mariusz Gajda

From the molecular physics point of view



Larger and larger magnetic fields probes smaller and smaller interatomic distances

$$B = 3 G \iff R_c = R_{vdW}$$

2-body physics

 $B = .3 \text{ mG} \iff R_c = n^{-1/3}$

many-body physics



$$\hbar\Gamma \approx \left|V_{dd}\right|^2 \rho(\varepsilon_f)$$

One expects a reduction of dipolar relaxation, as a result of the reduction of the density of states in the lattice



(almost) complete suppression of dipolar relaxation in 1D at low field: a threshold consequence of angular momentum conservation





Dipolar relaxation: measuring non-local correlations





PRA 81, 042716 (2010), see also PRL 73, 3247 (1994)

(almost) complete suppression of dipolar relaxation in 1D at low field



B. Pasquiou et al., Phys. Rev. Lett. **106**, 015301 (2011)

(almost) complete suppression of dipolar relaxation in 1D at low field in 2D lattices: a consequence of angular momentum conservation



How to make a Chromium BEC



BEC with Cr atoms in an optical trap



PRA 73, 053406 (2006)

PRA 77, 053413 (2008)

PRA 77, 061601(R) (2008)

Threshold for dipolar relaxation in 1D:



(almost) complete suppression of dipolar relaxation in 1D at low field in 2D lattices

B. Pasquiou et al., Phys. Rev. Lett. 106, 015301 (2011)

New estimates of Cr scattering lengths

Collaboration Anne Crubellier



 $a_6 = 102.5 \pm 0.4 a_0$ Feshbach resonance in d-wave PRA **79**, 032706 (2009)

New estimates of Cr scattering lengths



Collaboration Anne Crubellier (LAC)

Prospect : new cooling method using the spin degrees of freedom



A consequence of anisotropy : trap geometry dependence of the frequency shift



Phys. Rev. Lett. 105, 040404 (2010)

Eberlein, PRL **92**, 250401 (2004)

Bragg spectroscopy

Probe dispersion law

Quasi-particles, phonons

E(k) = ck $k\xi << 1$

c is sound velocity

c is also critical velocity

Landau criterium for superfluidity



Phys. Rev. Lett. 99, 070402 (2007)



 ξ healing length Re

Rev. Mod. Phys. **77**, 187 (2005)

Bogoliubov spectrum

 $\varepsilon_k = \sqrt{E_k (E_k + 2n_0 g_c)}$

Bragg spectroscopy of an anisotropic superfluid



 $\hbar k = 2\hbar k_L \sin(\theta/2)$

Resonance frequency gives speed of sound

Anisotropic speed of sound



Width of resonance curve: finite size effects (inhomogeneous broadening)

Speed of sound depends on the relative angle between spins and excitation

Anisotropic speed of sound

A 20% effect, much larger than the (~2%) modification of the mean-field due to DDI

An effect of the momentum-sensitivity of DDI



$$\tilde{\mathcal{V}}(k) = \frac{4\pi d^2}{3} (3\cos^2\theta_k - 1) \qquad \vec{B} \bigoplus_{k=1}^{n} \theta_k$$

$$\varepsilon_k = \sqrt{E_k (E_k + 2n_0(g_c + g_d(3\cos^2\theta_k - 1)))}$$

Good agreement between theory and experiment:

	Theo	Exp
Parallel	3.6 mm/s	3.4 mm/s
Perpendicular	3 mm/s	2.8 mm/s

(See also prediction of anisotropic superfluidity of 2D dipolar gases : Phys. Rev. Lett. 106, 065301 (2011))





Quantum gases

Density : 10^{12} à 10^{15} at/cm³

 $(\leftrightarrow 10^{22} \text{ at/cm}^3 \text{ for liquid He})$

Temperature : 1 nK à 1µK

de Broglie wavelength > 100 nm

Interparticle distance ~ 100 nm

Van-der-Waals (contact) interactions $V(R) = -\frac{C_6}{R^6} \longrightarrow V(R) = \frac{4\pi\hbar^2}{m} a_S \delta(R)$ Isot

Short range Isotropic

 $a_{s} \sim 5 \text{ nm}$ - can be tuned via Feshbach resonances

Effect of interactions on condensates

Attractive interactions

Implosion of BEC for large atom number



Small solitons

Rice...

Repulsive interactions

Stable condensate Phonon spectrum





ENS, JILA...

Spin dependent interactions



Berkeley... Magnetism





In a finite magnetic field: Fermi golden rule (losses)



(x1000 compared to alkalis)



Natural timescale for depolarization:

$$V_{dd}(r=n^{-1/3}) \propto \frac{\mu_0}{4\pi} S^2 (g_J \mu_B)^2 n$$

Detecting spin properties with cold atoms:







Spin-sensitive imaging: (e.g. Faraday rotation)



See D. Stamper-Kurn, Full 3D reconstruction of spin vector

(we do not (yet) do this)

Density dependent threshold



Load into deep 2D optical lattices to boost density. Field for depolarization depends on density

> Note: Possible new physics in 1D: Polar phase is a singlet-paired phase Shlyapnikov-Tsvelik NJP, 13, 065012 (2011)

Different dipolar systems



$$\left(S_{1z}.S_{2z} - \frac{1}{4}(S_{1+}S_{2-} + S_{1-}S_{2+})\right)\left(1 - 3z^2\right)$$

Other differences from Heisenberg magnetism:

-Bosons...

-Not a spin ¹/₂ system: S=3

-Anisotropy

--1/r³ dependence

-Does not rely on Mott physics

- Can have more than one atom per site

$$(S=3)+(S=3)=(S_t=6,4,2,0...)$$

 \sim = \bigcirc Effective S_t



Dipolar chromium atoms in 3D optical lattices –Interactions

- Spin-dependent contact interactions in doubly-occupied sites

- Dipolar relaxation

- Intersite dipolar interactions

* Between singlons

* Between doublons

